

My Daily Routine

Hello! My name is Anna, and I am 14 years old. I live in a small town with my family. Every day, I wake up at **7:00 AM**. I get out of bed and go to the bathroom to wash my face and brush my teeth. Then, I get dressed and go to the kitchen for breakfast. I usually eat toast with jam and drink a glass of milk.

At **7:45 AM**, I leave home and walk to school. My school starts at **8:30 AM**. I have four lessons in the morning. At **12:30 PM**, I have lunch in the school cafeteria with my friends. After lunch, I have two more lessons.

School finishes at **3:30 PM**, and I go home. In the afternoon, I do my homework and sometimes watch TV. On Mondays and Wednesdays, I go to my dance class. In the evening, I have dinner with my family at **7:00 PM**. After dinner, I read a book or listen to music.

At **9:30 PM**, I brush my teeth and go to bed. I sleep at **10:00 PM**. That is my daily routine!

Multiple Choice Questions (Choose the correct answer):

1. What time does Anna wake up?
 - a) 6:30 AM
 - b) 7:00 AM
 - c) 7:30 AM
 - d) 8:00 AM

2. Where does Anna eat lunch?
 - a) At home
 - b) In a restaurant
 - c) In the school cafeteria
 - d) In the park

3. What does Anna do on Mondays and Wednesdays?
 - a) She goes to a dance class
 - b) She plays soccer
 - c) She visits her grandparents
 - d) She goes shopping

4. What does Anna do before going to bed?
 - a) She watches TV
 - b) She plays video games
 - c) She listens to music or reads a book
 - d) She goes for a walk

True or False Questions (Write T for True and F for False):

5. ____ Anna walks to school every morning.
6. ____ She has lunch at home with her family.
7. ____ Anna goes to sleep at 9:30 PM.

Matching Questions (Match the activity with the correct time):

A: Activity	B: Time
8. Wakes up	a) 3:30 PM
9. School finishes	b) 7:00 AM
10. Eats dinner	c) 7:00 PM