My Daily Routine

Hello! My name is Anna, and I am 14 years old. I live in a small town with my family. Every day, I wake up at **7:00 AM**. I get out of bed and go to the bathroom to wash my face and brush my teeth. Then, I get dressed and go to the kitchen for breakfast. I usually eat toast with jam and drink a glass of milk.

At **7:45 AM**, I leave home and walk to school. My school starts at **8:30 AM**. I have four lessons in the morning. At **12:30 PM**, I have lunch in the school cafeteria with my friends. After lunch, I have two more lessons.

School finishes at **3:30 PM**, and I go home. In the afternoon, I do my homework and sometimes watch TV. On Mondays and Wednesdays, I go to my dance class. In the evening, I have dinner with my family at **7:00 PM**. After dinner, I read a book or listen to music.

At **9:30 PM**, I brush my teeth and go to bed. I sleep at **10:00 PM**. That is my daily routine!

Multiple Choice Questions (Choose the correct answer):

1. What time does Anna wake up?
   a) 6:30 AM
   b) 7:00 AM
   c) 7:30 AM
   d) 8:00 AM

2. Where does Anna eat lunch?
   a) At home
   b) In a restaurant
   c) In the school cafeteria
   d) In the park

3. What does Anna do on Mondays and Wednesdays?
   a) She goes to a dance class
   b) She plays soccer
   c) She visits her grandparents
   d) She goes shopping

4. What does Anna do before going to bed?
   a) She watches TV
   b) She plays video games
   c) She listens to music or reads a book
   d) She goes for a walk

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True or False Questions (Write T for True and F for False):

5. ___ Anna walks to school every morning.
6. ___ She has lunch at home with her family.
7. ___ Anna goes to sleep at 9:30 PM.

Matching Questions (Match the activity with the correct time):

A: Activity	B: Time
8. Wakes up	a) 3:30 PM
9. School finishes	b) 7:00 AM
10. Eats dinner	c) 7:00 PM

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