

Cross out the phrase that is different in meaning.

1 be a fad	be all the rage	be on the way out
2 be dated	be fashionable	be old-fashioned
3 come back in style	go out of fashion	lose popularity
4 be trendy	lose interest	gain popularity
5 be the next big thing	gain interest	go out of style
6 be on the way out	be the latest thing	be the next big thing

Put the words in the correct order to make sentences.

1 the server / to waste / want / for a doggy bag / ask / don't / you / the food / if

If you don't want to waste the food, ask the server for a doggy bag. OR Ask the server for a doggy bag if you don't want to waste the food.

2 people won't / just a fad / for very long / if / do / it's / it

3 the chocolate pizza / like / if / have / you / to try / different kinds of food / you

4 to waste food / if / get worse / the problem / continue / will / we

5 on social media / everyone / something / trending / pays attention / if / is

6 expensive / a restaurant / if / it / gourmet food / usually / is / serves

Complete the sentences. Use the words in parentheses ( ).

1 Fish is (be) good for you if it isn't (not / be) fried.  
2 If we put (not / put) the meat in the fridge soon, it goes (go) bad.  
3 If you are (be) allergic to nuts, eat (not / eat) the cake. It has nuts.  
4 Don't (not / drink) coffee at night if you have (have) trouble falling asleep.  
5 If you make (make) dinner tomorrow, I will cook (cook) it tonight.  
6 Don't (not / go) to Heaven Gourmet if you want (want) a cheap meal. It's an expensive place.



Complete the sentences with words from exercise 1A. More than one answer may be possible.

1 Mariel likes to put a little bit of mint in her tea.  
2 Do you have a stick of gum or a breath mint? The pasta I had for lunch had too much gum in it.  
3 Jack went fishing last weekend and caught a 40-lb fish!  
4 I have to remove the shells from these shrimps before we cook them. Can you help me?  
5 Potato is probably my favorite vegetable. I just love its purple color.

Cross out the food that is in a different food group.

1 pineapple	garlic	mint
2 eggplant	tuna	zucchini
3 garlic	shrimp	tuna
4 cabbage	pineapple	zucchini
5 ginger	mint	zucchini

Complete the sentences. Use the words in the box.

barbecue boil chop fry rinse stir

1 If you barbecue a steak, you usually do it outside.  
2 If you boil fruit, you usually do it at the sink.  
3 You need a spoon to chop something.  
4 If you fry water, it becomes very hot.  
5 You need a knife to rinse something.  
6 You need oil to stir something.

Underline the event in each sentence that happens first.

- 1 The sauce will change color when you add the garlic.
- 2 As soon as the food is done, we'll eat.
- 3 Before the water boils, put in the cabbage.
- 4 Add the zucchini after you fry the fish.
- 5 Cook the rice until there's no more water in the pot.
- 6 Once we finish lunch, we'll wash the dishes.

Write the correct form of the verb in parentheses ( ).

Then complete the sentence with your own information.

- 1 When I cook (cook) a big meal, \_\_\_\_\_ I'll invite all my friends \_\_\_\_\_.
- 2 After I get up (get up) tomorrow morning, \_\_\_\_\_.
- 3 I not go (not go) to bed until \_\_\_\_\_.
- 4 As soon as I have (have) some free time, \_\_\_\_\_.
- 5 Once I save (save) enough money, \_\_\_\_\_.

Read each conversation. Use the words below to complete each response.

back got right sure

- 1 A Can I offer you anything to drink?  
B Yes. Some coffee would be great.  
A I'll be right with that.
- 2 A Would you pass me another cookie, please?  
B the thing.
- 3 A Is there any more iced tea?  
B Coming up!
- 4 A Could I have a little more cake?  
It's delicious.  
B You it!

Change the underlined words in the sentences without changing the meaning. Use the words in the box.

I'm OK a-refill care for get here  
Awesome offer Oh wonderful want

- 1 A Can I get you another juice?  
B I'd better not, thanks.
- 2 A Would you like some juice?  
B That'd be great.
- 3 A Can I get you another dessert?  
B Yes, that's great.
- 4 A Can I have another sausage, please?  
B Sure, there you go.
- 5 A Anyone else care for some cake? We have three different kinds.  
B That's great, I'll check it out.

Read about the results of a survey about gluten-free diets. Circle the questions that the survey asked. Answer the questions you circle.

Gluten-free diets seem all the rage nowadays. You can see gluten-free foods in supermarkets and restaurants. News about the gluten-free diets of movie stars and professional athletes is all over social media. But what do people really know about gluten-free foods? Our survey results have some surprises.

A majority of the people who responded said that being on a gluten-free diet improves physical or mental health. About 22 percent said they buy gluten-free products or try to avoid gluten.

A quarter of the people in the survey thought that gluten-free foods have more nutrients than food with gluten. The truth is just the opposite.

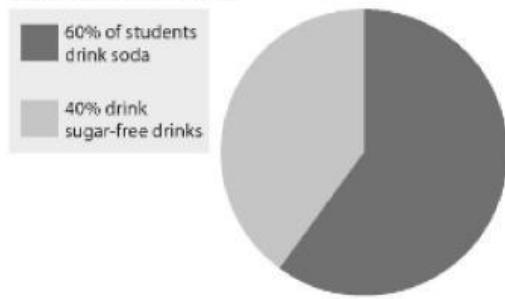
More than a third of the people interviewed thought that a gluten-free diet will help them lose weight. However, there is no research that proves this to be true. In fact, studies have shown that gluten-free diets can increase the risk of becoming overweight.

- 1 Does being on a gluten-free diet improve physical or mental health?
- 2 Do you buy gluten-free products or try to avoid gluten?
- 3 Is gluten-free food less expensive?
- 4 Do gluten-free foods have more nutrients than food with gluten?
- 5 Will a gluten-free diet help you lose weight?

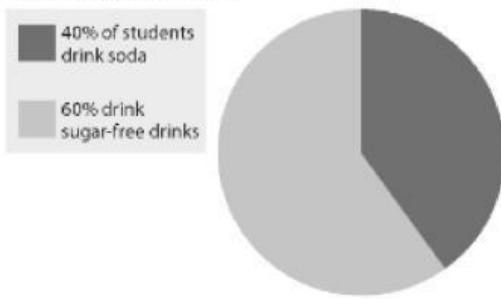


Look at the charts from a college survey on what students drink. What trends do they show?

### Students who drink soda vs. sugar-free drinks – 2010



### Students who drink soda vs. sugar-free drinks – 2015



**Write a short report about the survey results. You can use the phrases below. Make sure you include numbers from the chart.**

gain/lose popularity      be trendy      be on the way out      be a thing of the past  
be the next big thing