Food

UNIT 9

Lesson A Vocabulary and Grammar



A Complete the menu with the words from the box.

chocolate coffee cream eggs juice salad steak

Menu

Breakfast

(1) _____ with fruit (2) _____

and (3) _____ or tea

Lunch

(4) _____, fish, or chicken with

(5) _____ or pasta

Dessert

(6) _____ cake

ice (7) _____

B Circle the incorrect answer.

1. People often eat (eggs / cereal and milk / ice cream) for breakfast.
2. My parents love hot drinks, like (fruit juice / tea / coffee).
3. Do you have any chocolate (cake / pasta / ice cream)?
4. I'm a vegetarian. I eat fish, but I don't eat (steak / chicken / salad).
5. I normally drink (eggs / fruit juice / coffee) in the morning.
6. I love desserts. My favorite is (cake / cereal and milk / strawberry ice cream).

C Circle the errors. Rewrite the statements and questions.

1. Could I have any strawberry ice cream? _____
2. I want any dessert. _____
3. Do you have some cereal? _____
4. We don't have some milk. _____
5. Can he have any pasta with his chicken? _____

D Complete the statements and questions with *some* or *any*.

1. Do you want _____ cake?
2. There are _____ great desserts on the menu.
3. Can I have _____ ice cream, please?
4. I'm afraid we don't have _____ chicken today.
5. I normally have _____ salad or pasta for lunch.
6. Do they have _____ orange juice?

LIVEWORKSHEETS

Lesson B Listening

A 19 Listen to the conversation. What food and drink are they having at the party? Circle the words you hear.



burgers	cake	chicken	hot dogs	ice cream	juice
pasta	salad	soda	steaks	veggie burgers	

B 19 Listen again. Complete the plan for the party with numbers and words from the conversation.

People

(1) _____ friends from college

(2) _____ friends from dance class

Food

10 (3) _____

(4) _____ bags of (5) _____

1 box of (6) _____

1 (7) _____ cake

3 cartons of (8) _____

Drinks

8 bottles of (9) _____

1 bag of (10) _____

C Circle the correct words to complete the sentences.

1. (Mom / Dad) is cooking the food at the party.
2. Annika and Luca are (friends from dance class / vegetarians).
3. Kerri and her mom are (making / buying) a cake for the party.
4. There (is some / isn't any) ice cream in the freezer.
5. They (have some / don't have any) garden chairs for the party.
6. Kerri has music for the party on her (phone / laptop).

D Circle the correct food.

1. bag of (ice / ice cream / eggs)
2. box of (soda / burgers / salad)
3. carton of (milk / tea / hot dogs)
4. bottle of (coffee / cake / juice)
5. carton of (steak / cereal / eggs)
6. box of (cereal / juice / ice)

LIVEWORKSHEETS

UNIT 9

Lesson C Vocabulary and Grammar

A Circle all the correct words for each category.

1. Vegetables: (Carrots / Mushrooms / Oranges / Peppers / Fish).
2. Protein: (Beans / Granola bars / Eggplant / Eggs / Beef).
3. Fruit: (Cauliflower / Apples / Bananas / Cheese / Grapes).
4. Dairy: (Yogurt / Eggs / Butter / Lentils / Milk).
5. Green vegetables: (Tomatoes / Peas / Broccoli / Pears / Lettuce).
6. Cereals: (Rice / Tuna / Cucumber / Pasta / Couscous).

B Unscramble the words.

1. a / s / p / t / a _____
2. b / r / d / e / a _____
3. a / p / e / p / l _____
4. g / e / g _____
5. n / a / n / b / a / a _____
6. e / e / h / c / s / e _____
7. l / m / k / i _____
8. l / c / e / t / t / u / e _____
9. m / o / t / a / t / o _____
10. r / o / l / b / o / c / i / c _____



C Complete the questions with *much* or *many*.

1. How _____ rice do we have?
2. How _____ milk do you drink every day?
3. How _____ granola bars do you want?
4. How _____ pasta do you eat every week?
5. How _____ bananas do we have?
6. How _____ cartons of milk are there in the refrigerator?

D Make questions with *how much* / *many* about the food words in **B**.

1. How much pasta do you have ?
2. _____ ?
3. _____ ?
4. _____ ?
5. _____ ?
6. _____ ?
7. _____ ?
8. _____ ?
9. _____ ?
10. _____ ?

LIVEWORKSHEETS

Lesson D Reading

Fruit and Vegetables

It's important to eat fruit and vegetables every day. We have to eat different types of fruit and vegetables, and lots of them, because there isn't one vegetable or fruit with all the nutrients we need.

Fruit and vegetables are very good for your body. But many people don't like vegetables, or they eat the same fruit every week. Here are some tips to help you eat more fruit and vegetables:

1. Put fruit where you can see it. This way, if you're hungry, you can have an apple and not a chocolate bar. Always wash fruit first.
2. Try to get many different colors on your plate. Every day, try to eat one fruit or vegetable from each of these four groups: dark green leafy vegetables, red fruit and vegetables, yellow or orange fruit and vegetables, and beans.
3. Look for new fruit and vegetables in the supermarket when you go shopping for food.
4. Forget potatoes. There are many vegetables with more nutrients.
5. Get more vegetables in your cooking. Maybe don't eat meat one day of the week. Prepare more salads and soups.



LIVEWORKSHEETS

B Read the text. Circle the correct information to complete the sentences.

1. Eat fruit and vegetables every (day / week).
2. Keep fruit (in the refrigerator / where you can see it).
3. Eat (two or three / different) colors of fruit and vegetables.
4. Buy (new / fresh) fruit and vegetables when you go food shopping.
5. (Eat / Don't eat) a lot of potatoes.
6. Make (soups / pasta) to eat more vegetables.

C Read the text. Circle **T** for *True* or **F** for *False*.

1. There is one type of vegetable with all the nutrients you need. T / F
2. Many people should eat more fruit and vegetables. T / F
3. It's OK to eat fruit and not vegetables. T / F
4. Don't eat dark green vegetables. T / F
5. Potatoes have a lot of nutrients. T / F
6. Soups can have lots of vegetables in them. T / F

D Write the words in the correct column in the table.

broccoli carrots cucumbers oranges strawberries tomatoes

Red fruit and vegetables	Yellow or orange fruit and vegetables	Green fruit and vegetables

LIVEWORKSHEETS

Lesson E Writing

A **Unscramble the sentences. Then, add the correct commas (,) if necessary.**

1. take the stairs / for / and not / example / the elevator
   Get active; for example, take the stairs and not the elevator.
2. such as / often / coffee and tea / hot drinks / have / for breakfast
   People _____.
3. two to three liters / a lot of / for / every day / water / example
   Drink _____.
4. a good / are / snack / of / a healthy / example
   Granola bars _____.
5. unhealthy food / eat / candy / like / or ice cream
   I don't normally _____.
6. a team sport / example / is / a good / of
   Basketball _____.

B **Match the phrases to make sentences.**

1. Cakes and soda are good _____
2. Prepare food with more vegetables; _____
3. Vegetables, such _____
4. Foods like _____
5. Chicken is a good _____
6. The shape of foods like _____

a. for example, soups and salads.
b. examples of unhealthy foods.
c. carrots and onions is not always perfect.
d. yogurt and cheese are dairy.
e. as carrots and broccoli, are very good for you.
f. example of a food with a lot of protein.

LIVEWORKSHEETS

Review

UNIT 9

A Complete the conversations with the words from the box.

chocolate dessert drinks eggs fruit juice ice cream milk

Waiter: Can I get you some **(1)** _____?

Customer: Yes, I'll have a coffee, please, **(2)** _____, no sugar, and my friend wants a **(3)** _____.

Waiter: Is that all?

Customer: And can I get some **(4)** _____ for breakfast, please.

Thalia: Do you want any **(5)** _____, Sarah?

Sarah: Yes. I want the **(6)** _____ cake. How about you?

Thalia: I'll have the strawberry **(7)** _____.

B Circle the correct statement or question.

1.	**a.** Can I have some coffee?	**b.** Do you have some coffee?	**c.** Can I have any coffee?
2.	**a.** I don't want some fish.	**b.** I want any fish.	**c.** I want some fish.
3.	**a.** Do you want some dessert?	**b.** Do you want any dessert?	**c.** Can you want any dessert?
4.	**a.** Can you try any steak?	**b.** Try some steak.	**c.** Try any steak.
5.	**a.** There aren't some eggs.	**b.** Are there some eggs?	**c.** There aren't any eggs.
6.	**a.** Buy some milk, please.	**b.** Don't buy some milk, please.	**c.** Buy any milk, please.

C Match the phrases to make sentences.

1.	Broccoli and peas _____	**a.**	are fruits.
2.	Yogurt and cheese _____	**b.**	are protein.
3.	Rice and pasta _____	**c.**	are dairy.
4.	Apples, pears, and grapes _____	**d.**	are drinks.
5.	Milk and water _____	**e.**	are cereals.
6.	Chicken and fish _____	**f.**	are green vegetables.

D Write questions with *how much / many.*

1. We need some ice cream. _____?

2. I have a lot of brothers and sisters. _____?

3. Angie eats a lot of fruit every day. _____?

4. I need a lot of strawberries to make this cake. _____?

5. I eat a lot of fish. _____?

6. Charlie needs some milk. _____?

LIVEWORKSHEETS

Video Berry Road Trip

A Watch the video. Circle the correct answer.

1. (60% / 70%) of food travels America by (truck / train).
2. These strawberries start on a farm in (Watsonville / Washington).
3. (Farmers / Supermarkets) put the strawberries into boxes.
4. Cases are (small / large) boxes.
5. One driver (sleeps / eats) when the other driver is driving.
6. A pallet is a (large box / wooden platform).
7. (Some / Many) foods travel a long way before they arrive at the supermarket.

B Watch the video again. Match the numbers to the phrases.

1. 1 _____	a. lbs of strawberries on a pallet
2. 864 _____	b. hours one person can drive in a day
3. 8 _____	c. pallets in a truck
4. 26 _____	d. lb of strawberries in a box
5. 590 _____	e. boxes of strawberries in a case
6. 11 _____	f. strawberry trucks

C Watch the video again. Complete the sentences with numbers from the video.

1. The average food item travels _____ miles before it arrives at the supermarket.
2. Truck drivers spend $_____ on fuel at every gas station.
3. All the strawberries on a truck are worth $_____.
4. There are _____ drivers for a strawberry truck.
5. California to Washington is _____ miles.
6. There are _____ cases on a pallet.

LIVEWORKSHEETS