**Example:**

0 **A** interfering **B** upsetting **C** damaging **D** intruding

| 0 | A | B | C | D |
|---|---|---|---|---|

# Taking photographs ruins the memory, research finds

Our obsession with recording every detail of our happiest moments could be 0_____ our ability to remember them, according to new research.

Dr Linda Henkel, from Fairfield University, Connecticut, described this as the 'photo-taking impairment effect'. She said, 'People often whip out their cameras almost mindlessly to 1_____ a moment, to the point that they are missing what is happening 2_____ in front of them. When people rely on technology to remember for them – 3_____ on the camera to record the event and thus not needing to 4_____ to it fully themselves – it can have a negative 5_____ on how well they remember their experiences.'

In Dr Henkel's experiment, a group of university students were 6_____ on a tour of a museum and asked to either photograph or try to remember objects on display. The next day each student's memory was tested. The results showed that people were less 7_____ in recognizing the objects they had photographed 8_____ with those they had only looked at.

| | | | | |
|---|---|---|---|---|
| 1 | **A** seize | **B** grasp | **C** capture | **D** snatch |
| 2 | **A** quite | **B** right | **C** merely | **D** barely |
| 3 | **A** counting | **B** settling | **C** assuming | **D** swearing |
| 4 | **A** engage | **B** apply | **C** attend | **D** dedicate |
| 5 | **A** result | **B** aspect | **C** extent | **D** impact |
| 6 | **A** steered | **B** run | **C** led | **D** conveyed |
| 7 | **A** accurate | **B** faithful | **C** exact | **D** factual |
| 8 | **A** measured | **B** compared | **C** matched | **D** confronted |

LIVEWORKSHEETS