Homemade Meals

Complete the text with one suitable word in each gap.

I really enjoy eating _____ meals because they are healthier and taste better. My parents _____ delicious food every day. My mum often cooks rice _____ vegetables, and my dad makes tasty pasta dishes. We always eat dinner _____ as a family.



At the weekend, we sometimes _____ a cake or prepare something special.

I don't like eating _____ fast food because it has too much salt and sugar. My parents prefer using fresh ingredients, so there _____ always fruit and vegetables at home.



When I go to school, I take a homemade sandwich _____ my lunchbox. It is much better _____ buying food from the canteen. I feel happy and healthy because I eat good food every day.

LIVEWORKSHEETS