



## Homemade Meals

Complete the text with one suitable word in each gap.

I really enjoy eating \_\_\_\_\_ meals because they are healthier and taste better. My parents \_\_\_\_\_ delicious food every day. My mum often cooks rice \_\_\_\_\_ vegetables, and my dad makes tasty pasta dishes. We always eat dinner \_\_\_\_\_ as a family.



At the weekend, we sometimes \_\_\_\_\_ a cake or prepare something special.

I don't like eating \_\_\_\_\_ fast food because it has too much salt and sugar. My parents prefer using fresh ingredients, so there \_\_\_\_\_ always fruit and vegetables at home.



When I go to school, I take a homemade sandwich \_\_\_\_\_ my lunchbox.

It is much better \_\_\_\_\_ buying food from the canteen. I feel happy and healthy because I eat good food every day.