

What's your favourite dessert?

We asked three British adults this question. Here are their answers:

A



Martin,
Cardiff

Martin, from Cardiff, says, "My favourite dessert is apple pie. I'm quite good at making it! There's pastry at the top and bottom of the pie. I make the pastry with flour, butter and sugar. In the middle, I put apples, spices and sugar. I often make apple pie for my family on Sundays. It's delicious. Some people eat it with cream, but I don't like cream. I always eat it with vanilla ice cream."



B



Elsa,
Norwich

Elsa is from Norwich. Her favourite dessert is banana split. She says, "When I was a child, I always had this dessert on my birthday. It's fun to make, and it's easy because you don't need to use the oven. First, cut a banana in half and put the halves in the dish. Then put two or three scoops of ice cream between them, and put some cream on top. Then you can add what you like. I like cherries, nuts and chocolate syrup."



C



Kevin,
Exeter

Kevin, from Exeter, loves Black Forest cake. He says, "People first started to make this cake in Germany. It isn't difficult to make, but you need lots of ingredients. You need flour, sugar, butter, eggs, chocolate and cocoa to make the cake, and then you add cherries, cream and more chocolate. I usually make a big cake with three layers. I love cherries and chocolate, so this dessert is perfect for me!"



Glossary



half



two halves



a scoop of
ice cream



two layers

cocoa = the bean
we use to make
chocolate

cut in half (verb) = cut
something to make two halves

Where's Elsa from?

Banana and ice cream.

Who likes cherries?

Norway.

What are the main ingredients
of the banana split?

On Sundays.

When does Martin make the
pie?

Kevin.