

NAME: _____

HEALTH EDUCATION

4TH GRADE

1. The part of the body that plays the role of biting, chewing and tearing of food is called the _____ (a) nose (b) eyes (c) ears (d) teeth
2. A specialist who is trained to create solutions to teeth problems is called a/an (a) dentist (b) optician (c) veterinary doctor (d) physiotherapist
3. There are basically _____ types of teeth (a) 1 (b) 2 (c) 3 (d) 4
4. The part of the teeth that is used for biting and chewing is the _____ (a) canine (b) molars (c) premolars (d) incisors
5. In order to grind and crush food, the _____ is responsible for carrying out that task (a) molars (b) canine (c) premolars (d) incisors
6. A plaque is formed when bacteria mixes with _____ from food (a) salt (b) sugar (c) acid (d) water
7. A clear and sticky film of harmful bacteria that settles between our teeth is referred to as _____ (a) plague (b) plaque (c) bacteria (d) virus
8. Lack of regular brushing can help in plaque control True or False
9. The largest organ of our body is the _____ (a) skin (b) head (c) legs (d) stomach
10. The cells in the human body are the tiny parts of the _____ (a) skin (b) head (c) teeth (d) eyes
11. One of the major functions of the skin is body temperature regulation True or False
12. Which of these vitamins is produced by the skin (a) vitamin A (b) vitamin B (c) vitamin C (d) vitamin D
13. The skin is subdivided into _____ layers (a) 1 (b) 2 (c) 3 (d) 4
14. The Epidermis, Dermis and the Subcutaneous layer are the basic layers of the _____ (a) teeth (b) skin (c) heart (d) brain
15. The layer of the skin that has no blood vessels is referred to as _____ (a) epidermis (b) dermis (c) sebaceous gland (d) melanin
16. The layer of the skin that contains connective tissues and blood vessels is referred to as the Dermis True or False
17. The sebaceous gland produces an oily substance called _____
18. The fatty layer of the skin that stores energy is referred to as _____ (a) sebum (b) dermis (c) subcutaneous layer (d) epidermis
19. There are basically _____ degrees of burns (a) 1 (b) 2 (c) 3 (d) 4
20. The part of the body that protects the heart is called _____