

VOCABULARY

knowing, understanding and thinking

1 **A**  Choose the correct word or phrase to complete the sentences.

- 1 I need someone to the situation to me.
a decide **b** explain **c** develop
- 2 I've that I work best in the mornings.
a expected **b** planned **c** discovered
- 3 We a different teacher to the one we have.
a planned **b** searched **c** expected
- 4 We need to our work better from now on.
a develop **b** plan **c** decide
- 5 What information should I for on the internet?
a search **b** describe **c** decide
- 6 We've a system that works very well.
a decided **b** developed **c** explained

B Complete the forum post with the words in the box.

decide describe develop discover
expect explained plan search for

@Dani

One hour ago

A teacher once ¹ to me why it's important to understand how you learn. It's so that you can ² your studies better and you don't waste time on things that don't work for you. The best thing is to try different ways of learning. Ask your friends and other people on your course to ³ their study habits and ⁴ some ideas online. Then, try them all out yourself.

⁵ on which ones to use and which ones to forget. For example, try working in the mornings and in the evenings. Take regular breaks and do a bit of exercise. You can ⁶ some interesting things about yourself and ⁷ a learning system that works for you. Don't ⁸ things to change overnight, though. It takes time to really understand yourself.