



ESCUELA DR. EULOGIO SERRANO ARMIJOS

NAME:

GRADE:

DATE:

DAILY ROUTINES

1. Choose the rutine

- a) _____ the bus
- b) _____ my hair
- c) _____ up
- d) _____ breakfast
- e) _____ dressed
- f) _____ my teeth



3.. Match the next words with the correct means.

Lunes
Miércoles
Viernes
Martes
Jueves
Domingo
Sábado

Wednesday
Tuesday
Sunday
Monday
Thursday
Saturday
Friday



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4. Write T if true and F if false for the next sentences

- a) Sleeping 8 hours every night is good for our health (v / f)
- b) Brushing your teeth before bed is good (v / f)
- c) It's good to spend the whole day watching TV (v / f)
- d) Video games are good way to get exercise (v / f)
- e) Physical exercise helps you grow stronger (v / f)

5. Complete the following puzzle

A	O	E	S	H	A	V	E	L	U	N	C	H	Ñ	J
U	R	N	T	H	D	R	S	U	Q	Z	P	E	T	Y
O	E	S	U	T	O	E	Y	R	F	U	U	E	F	L
A	W	W	D	E	M	H	C	L	N	H	E	N	N	I
G	O	K	Y	E	Y	T	K	J	Z	V	K	A	Ñ	B
R	H	U	T	T	H	O	A	H	R	I	A	H	H	P
L	S	G	H	Y	O	M	E	Z	E	Q	W	Z	D	U
A	E	O	E	M	M	Y	R	D	N	T	Q	B	C	T
S	K	T	L	H	E	M	B	C	N	A	Z	J	N	E
Q	A	O	E	S	W	P	A	A	I	P	L	J	S	G
G	T	S	S	U	O	L	E	U	D	U	U	Ñ	S	M
T	N	L	S	R	R	E	K	P	E	U	S	F	Q	F
B	G	E	O	B	K	H	A	M	V	D	O	I	Y	Z
U	L	E	N	M	S	U	T	A	A	X	V	M	H	W
F	Ñ	P	S	P	X	J	S	G	H	A	K	Z	E	H

- BRUSHMYTEETH
- DOMYHOMEWORK
- GETUP
- GOTOSLEEP
- HAVEDINNER
- HAVELUCH
- HELPMYMOTHER
- STUDYTHELESSONS
- TAKEABREAK
- WAKE
- TAKESHOWER



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6. Say the following sentences

- The sports are good and important.
- I wake up early in the morning.
- I pack my backpack for school.

7. Chose the correct answer

1. What do we do to stay clean?

- a) Take a bath
- b) Wear clean clothes
- c) Eat healthy food

2. What do we need to breathe?

- a) Water
- b) Air
- c) Food

3. What do we do to move from one place to another?

- a) Run
- b) Jump
- c) All of the above



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4. What do we need to see?

- a) Ears
- b) Nose
- c) Eyes

5. What do we do to learn new things?

- a) Sleep
- b) Play
- c) All of the above