

6 Health and sport

VOCABULARY

6.1

Types of sport • go, do and play
• sportspeople

SHOW WHAT YOU KNOW

- 1 Match the sports from the box with the sentences. There are three extra sports.

badminton cycling football climbing
running karate sailing skiing table tennis
tennis volleyball yoga

When I do this, it's more like fast walking! running

- 1 You need a bike to do this. _____
- 2 In this sport, people kick a ball into a net. _____
- 3 You can learn how to break something in half with your hand. _____
- 4 We do this in Greece. I love visiting different islands on our yacht. _____
- 5 Some people call this sport 'Ping Pong'. _____
- 6 In this activity, people sit in a special position and breathe slowly. _____
- 7 Players hit something over a net but it isn't a ball. _____
- 8 In this activity, you use your hands and feet to move up cliffs or rocks. _____

WORD STORE 6A | Sports

- 2 Complete the sports with one letter in each space.

At school, we play football, basketball and volley ball.

- 1 My friends and I sometimes go c _ _ _ ing on our BMX bikes.
- 2 In winter, people in our town go i _ _ s _ _ ing on the lake when it's very cold.
- 3 I do Z _ _ _ a* because I love dancing and I want to get fit.
- 4 Some girls in my class enjoy doing sports from Japan and China like karate and k _ _ _ f _.
- 5 In summer Amy spends all her time playing *t _ _ _ s outside in the sun, and in the winter, she goes b s _ _ ing in the mountains.
- 6 Mark and Jake often go k _ _ _ ing on a small river near our village.
- 7 Sam does a lot of s _ _ m _ _ g in the local pool, in a lake near his home and in the sea.
- 8 I'm very tall, so my teacher thinks I should play b _ _ k _ _ _ I but I don't like ball sports or team sports.

WORD STORE 6B | go, do and play



- 3 Complete the dialogue with go, do or play.

Rose: Do you do any sports?
Tim: Not many. I play table tennis at home with my brother because we've got a table.
I ¹ _____ cycling and, in the summer, I ² _____ swimming. I don't ³ _____ football because I don't like it.
Rose: Do you ⁴ _____ yoga or Zumba?
Tim: I don't even know what Zumba is!
Rose: It's a kind of dance. I ⁵ _____ it twice a week. I ⁶ _____ karate too.
Tim: Wow! What other sports do you like?
Rose: Well, we've got a yacht, so I ⁷ _____ sailing quite a lot. I love the water. At school, I ⁸ _____ volleyball for the school team.
Tim: Do you ⁹ _____ running?
Rose: No. That's one thing that I don't enjoy but I ¹⁰ _____ exercise every evening before I go to bed.
Tim: That's amazing. My favourite sport is basketball.
Rose: Do you ¹¹ _____ it at school?
Tim: Oh, no. I don't ¹² _____ it. I like watching it on telly.

- 4 Answer the questions for yourself.

- 1 Do you do any sports? _____
- 2 What other sports do you like? _____
- 3 Which of the sports in the word cloud on page 73 would you like to try? _____