

#### VOCABULARY

Health problems | First aid kit |  
Word building: health and illness |  
Health improvement | Extreme sports

#### GRAMMAR

Reported statements and  
questions | Reported commands  
and requests

#### 1 ● Match the words below with the descriptions.

asthma broken bone cut ear-infection fever  
migraine rash virus

- 1 My ear really hurts. *ear infection*
- 2 My hand slipped when I was using a knife and there's blood. \_\_\_\_\_
- 3 I've got a really high temperature. \_\_\_\_\_
- 4 Sometimes it's very difficult for me to breathe. \_\_\_\_\_
- 5 My skin is red and sore. \_\_\_\_\_
- 6 My head hurts, I have a pain behind my eyes and I feel sick. \_\_\_\_\_
- 7 Someone sneezed near me and now I don't feel well. \_\_\_\_\_
- 8 I fell off my bike and now my arm is in plaster. \_\_\_\_\_

#### 2 ●● Read what the people say and complete the words for health problems.

1 Oh no, your leg is a strange shape! That looks like a *b r o k e n b o n e*!

2 What happened?! You've got a big b \_\_\_\_\_ on your head.

3 I feel terrible – I think I've got a v \_\_\_\_\_.

4 I love going for country walks, but I sometimes get covered in i \_\_\_\_\_ b \_\_\_\_\_ from the mosquitoes!

5 I'm recovering from a c \_\_\_\_\_ i \_\_\_\_\_ and I still find it hard to breathe.

6 Your temperature is forty degrees. You've got a f \_\_\_\_\_.

#### 3 ● WORD FRIENDS Match verbs 1–6 with words/phrases a–f.

- |                                            |                    |
|--------------------------------------------|--------------------|
| 1 <input checked="" type="checkbox"/> make | a your voice       |
| 2 <input type="checkbox"/> lose            | b an appointment   |
| 3 <input type="checkbox"/> take            | c a bone           |
| 4 <input type="checkbox"/> feel            | d an operation     |
| 5 <input type="checkbox"/> have            | e dizzy            |
| 6 <input type="checkbox"/> break           | f your temperature |

#### 4 ●● Complete the sentences with a word from box A and a word/phrase from box B.

A describe emergency fall get getting  
hurt lost

B appetite blood test ill leg prescription  
symptoms treatment

- 1 If you *fall ill*, don't come to school.
- 2 I don't want anything to eat, thanks. I've \_\_\_\_\_ my \_\_\_\_\_.
- 3 I'm Dr Fox. How are you feeling? Can you \_\_\_\_\_ your \_\_\_\_\_ to me?
- 4 I need to see the doctor so I can \_\_\_\_\_ a \_\_\_\_\_ for my blood pressure medicine.
- 5 I \_\_\_\_\_ my \_\_\_\_\_ when I fell over and now I can't walk very well.
- 6 Call an ambulance! He needs to get \_\_\_\_\_ !
- 7 I'm going to the doctor's today. Don't worry, nothing's wrong. I'm just \_\_\_\_\_ a \_\_\_\_\_.



5 ● Choose the correct option.

- 1 I always clean the kitchen surfaces with an antibacterial / antiseptic spray.
- 2 Take two of these *pills* / *bandages* twice a day, with food.
- 3 Can you get me some cough *cream* / *medicine*?
- 4 Put the *cream* / *thermometer* under your arm for three minutes so I can take your temperature.
- 5 Here, put this sticking *plaster* / *bandage* on that cut.
- 6 My foot really hurts. I need some *painkillers* / *cough medicine*, I think.

6 ● Write the correct word for each definition.

- 1 You take some of this if you have a cough.  
c o u g h m e d i c i n e
- 2 You put this round your wrist if it's painful to move it. b \_\_\_\_\_
- 3 You use this to take your temperature.  
t \_\_\_\_\_
- 4 You can take these if you have a bad headache. p \_\_\_\_\_
- 5 You put this on a small cut.  
s \_\_\_\_\_ p \_\_\_\_\_
- 6 You put this on insect bites.  
a \_\_\_\_\_ c \_\_\_\_\_



7 ● Complete the table.

| Noun               | Verb               | Adjective                    |
|--------------------|--------------------|------------------------------|
| allergy            | —                  | <sup>1</sup> <u>allergic</u> |
| <sup>2</sup> _____ | <sup>3</sup> _____ | infected                     |
| <sup>4</sup> _____ | —                  | ill                          |
| pain               | —                  | <sup>5</sup> _____           |
| <sup>6</sup> _____ | operate            | —                            |

I can talk about health problems.

8 ● Complete the sentences with the correct form of the words below.

allergy blind infect injure operate pain

- 1 'The place where I cut myself is red and sore.'  
'I think you've got an infection.'
- 2 I went into hospital to have a(n) \_\_\_\_\_ on my leg.
- 3 Avoid contact with eyes. This product can cause \_\_\_\_\_.
- 4 I can't move my leg – it's too \_\_\_\_\_.
- 5 I can't eat nuts because I'm \_\_\_\_\_ to them.
- 6 Rob got a nasty leg \_\_\_\_\_ in the accident.

9 ● Complete the blog post with one word in each gap.

## Nuts about nuts

On Saturday, I woke up feeling really awful. I had <sup>1</sup> lost my appetite and I felt sick. My mum <sup>2</sup> \_\_\_\_\_ my temperature. I had a fever, and she also saw I <sup>3</sup> \_\_\_\_\_ a rash all over my face and neck. She thought it might be an <sup>4</sup> \_\_\_\_\_, so she immediately called the doctor's to <sup>5</sup> \_\_\_\_\_ for an appointment, and we got one immediately. When we got there, the doctor asked me to <sup>6</sup> \_\_\_\_\_ my symptoms. I showed her the rash. I also told her it's <sup>7</sup> \_\_\_\_\_ when I swallow. In the end, she told me I have a food <sup>8</sup> \_\_\_\_\_ – I'm <sup>9</sup> \_\_\_\_\_ to nuts. She gave me a <sup>10</sup> \_\_\_\_\_ to take to the chemist's and told me to stay in bed until I felt better.

