Dr. App (A2 - Pre-Intermediate)

A – Before you start

Answer the questions with a partner.

1. Do you have a lot of apps on your phone?
2. If so, which ones do you use most?
3. Which apps are the most useful, in your opinion?
4. Do you read the list of ingredients on the labels of the food you eat?
5. Do you sometimes find them difficult to understand?

B – Listen and answer

Listen (without reading) and complete the Fact File.

FACT FILE – YUKA APP	
Use of app:	To scan food and [1]_____.
Download cost:	[2]_____
Country of origin:	[3]_____
Year of launch:	[4]_____
Number of users:	[5]_____ in [6]_____ countries.
Other similar apps:	[7]_____ Dirty; Open Food [8]_____

C – Read and answer

Read the article and answer the questions.

1. What do apps like Yuka rate?
2. What is the maximum rating for a product?
3. How did Yuka arrive in the US?
4. How is the rating of a product arrived at?
5. What causes a product to lose points?
6. Do any brands finance the app?
7. Why can a product's rating sometimes be misleading?
8. What advice does the article give on using these apps?

D – Learn it! Use it!

Complete these sentences with words from the glossary. (You may have to adapt the expression in some way; e.g. change the verb tense, or change from plural to singular.)

1. Our dog look ferocious, but he's really _____.
2. Noah asked his dad to drive him to the football stadium, but his dad _____.
3. These instructions need to be very clear; otherwise they will _____ people.
4. That's an expensive _____, but all its clothes are very stylish.
5. Alice wrote a review for the café and gave it a _____ of 5 out of 5.
6. I went to the school careers officer to ask for some _____ about what to study at university.

LIVEWORKSHEETS

E – Ready for the A2 KEY English Test? (Paper 1, Part 4)

Choose the best word for each space.

For many decades, health authorities and dietitians have [1]_____ (told/said/spoken) us that animal fat is bad for our health. Food companies make many low-fat products, but reducing the fat in food makes it less tasty, so they add sugar. This has [2]_____ (taken/lead/led) to an enormous increase in obesity, diabetes and other health problems. In fact, there is evidence that sugar is far [3]_____ (bad/worse/worst) for us than fat. So how do we avoid 'hidden sugars' in ready-to-eat food? We can, of course, [4]_____ (control/check/ask) the list of ingredients, but food companies make this difficult for us [5]_____ (by/with/for) using over fifty different names for sugar in their products. Watch for the word syrup, as in 'corn syrup' or 'rice syrup'; and look [6]_____(over/after/out) for words ending in -ose, like fructose, sucrose, maltose, dextrose. In other words, make sure you know what you are eating.

F – Check your pronunciation

Underline the stressed syllable in each of these words.

producers products beneficial additives relevant
success algorithm industry mislead reviews

G – Write about it

Write about your favourite food or dish. Mention:

- how often you eat it;
- whether it's home-cooked or shop-bought;
- what the ingredients are;
- whether you think it's healthy/unhealthy;
- why you think so.

LIVEWORKSHEETS