Match each word to its correct definition.

1. **Wriggly larvae**
2. **Heaps of people**
3. **Reckon**
4. **Offset**
5. **Farmed insects**
6. **Nifty**
7. **Livestock**

a. To believe or think something is true or likely.

b. Animals that are raised on farms for food or other products.

c. Insects that are intentionally raised for human consumption or other uses.

d. The young form of insects that move in a twisting or squirming way.

e. A term meaning "a lot of people" or "crowds of people."

f. To counterbalance or make up for something, especially a negative effect.

g. Clever, useful, or skillful in a practical way.

"Would you ever consider eating insects as part of your diet? Why or why not?"

Watch the first part of the video and answer the question

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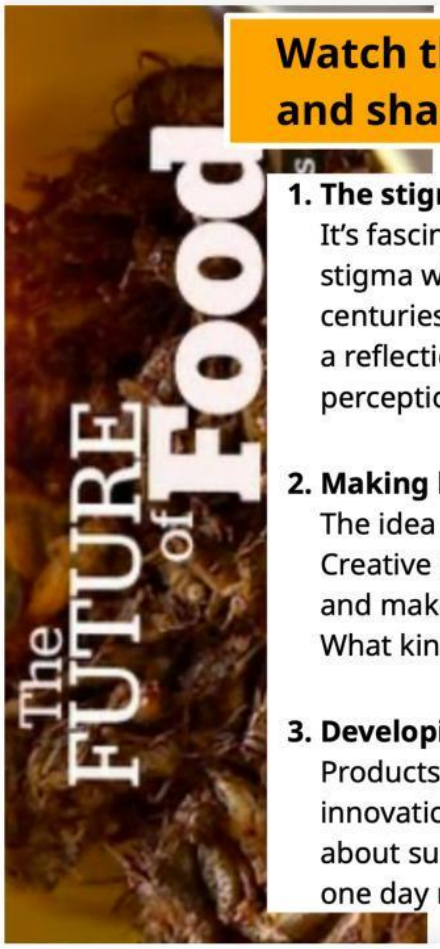
Answer the questions

1. Why might bugs be considered the food of the future?

2. How is insect farming related to space and time efficiency?

3. What are the main differences between insect farming and livestock farming?



Watch the last part of the video and share your own ideas.

1. The stigma of eating insects

It's fascinating to ponder why eating insects carries such a stigma when they've been a staple in many cultures for centuries. This stigma feels like a cultural construct rather than a reflection of their real nutritional value. Do you think this perception is slowly changing or still firmly rooted in society?

2. Making bugs appetizing

The idea of turning bugs into a culinary marvel is exciting. Creative recipes and presentations could change public opinion and make bug-based dishes a real contender in the food world. What kind of bug-based dish would you be willing to try?

3. Developing products from bugs

Products made from bugs, like protein powders and snacks, are innovations in the making that could revolutionize how we think about sustainable food. Do you believe these products could one day rival traditional sources like meat or soy in popularity?

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