

Past Continuous vs. Simple Past Worksheets



Name: _____

A. Write the verbs in past and past continuous,

Present	Past	Past Continuous
0. Dance	Danced	Dancing
1. Cry		
2. Travel		
3. Send		
4. Enjoy		
5. Break		
6. Fall		
7. Chat		
8. Say		
9. Know		
10. Try		
11. Cut		
12. Run		
13. Save		
14. Change		
15. Write		

B. Fill-in-the-Blanks. Complete the sentences with the correct form of the verbs in parentheses (Past Continuous or Simple Past).

1. She _____ (cook) dinner when the phone _____ (ring).
2. While we _____ (play) outside, it suddenly _____ (start) to rain.
3. I _____ (read) a book when my friend _____ (arrive).
4. They _____ (watch) TV while their mom _____ (clean) the house.
5. He _____ (drive) to work when he _____ (see) the accident.

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C. Worksheet 2: Match the Sentences. Match the two parts of the sentences.

1. _____ While I was walking to school,	A. I found a \$10 bill on the floor.
2. _____ She was studying in her room	B. the teacher entered the classroom.
3. _____ They were eating dinner	C. when the lights went out.
4. _____ He was running in the park	D. when it started to rain.
5. _____ We were talking about the movie	E. when her mom called her.

D. Sentence Correction. Correct the sentences below by using the correct form of Past Continuous or Simple Past:

1. He cook dinner when his friend was calling him.

2. While they were playing soccer, it rains.

3. I was watched TV when the lights were going out.

4. She was writing an email while her mom cleaned the kitchen.

5. They played video games when their parents were talking.

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E. Complete the Story. Fill in the blanks with the correct form of the verbs (Past Continuous or Simple Past).

Yesterday, I _____ (walk) to school when I _____ (see) a dog in the park. The dog _____ (run) around and _____ (play) with a ball. Suddenly, it _____ (stop) and _____ (look) at me. While I _____ (try) to approach it, it _____ (run) away. I _____ (feel) sad because I wanted to pet it!

F. Choose the Correct Option. Choose the correct verb form for each sentence.

1. While he _____ (was studying / studied), his phone _____ (rang / was ringing).
2. I _____ (watched / was watching) a movie when the doorbell _____ (was ringing / rang).
3. They _____ (were swimming / swam) in the pool when it . (started / was starting) to rain.
4. She _____ (was reading / read) a book while her brother _____ (was playing / played) video games.
5. We _____ (were driving / drove) to the store when the car _____ (broke / was breaking) down.