

INTERCHANGE 10 Fun survey

A PAIR WORK How much fun does your partner have? Interview him or her. Write the number of points using this scale.

never = 1 point

4–7 times = 3 points

1–3 times = 2 points

8 or more times = 4 points

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SURVEY

HOW MANY TIMES HAVE YOU . . .	POINTS
1. watched a really good movie or TV show in the last two months?	_____
2. listened to your favorite kind of music in the last week?	_____
3. talked to your best friend in the last two weeks?	_____
4. read something interesting that wasn't for work or school in the last month?	_____
5. eaten your favorite foods in the last three weeks?	_____
6. had a really fun weekend in the last three months?	_____
7. spent at least one hour doing something you like in the last three days?	_____
8. taken a relaxing vacation in the last year?	_____
9. had a good laugh in the last 24 hours?	_____
10. told yourself "This is fun!" in the last 12 hours?	_____

B GROUP WORK Add up your partner's points. Tell the group how much fun your partner has and why.

10–19 = You don't have enough fun. You should try to do things you enjoy more often! Stop and smell the roses!

20–29 = You have fun sometimes, but you need to do it more often. Continue to take time to do the things that you like.

30–40 = You know how to have fun! You know how to have a good time and enjoy life. Keep it up!

"Ellen has fun sometimes. She watches her favorite TV show once a week and takes a vacation twice a year. But she never reads anything she really likes – only the things she has to read for school."

C CLASS ACTIVITY Do you think your partner needs to have more fun? In what way?

"I think Ellen needs to have more fun in her life. She needs to spend more time doing things she likes. And she needs to eat her favorite foods more often. She also . . ."