

Vocabulary

1 Complete the sentences with one word in each gap.

- 0 I've just taken up running. I want to take part in the New York City marathon next year.
- 1 If you continue to eat sweets every day, you will definitely _____ weight.
- 2 We are going to _____ up a new web page to teach people about how food affects their health.
- 3 She is in a _____ condition after the accident, and the doctors aren't sure she will survive.
- 4 Did you learn how to give first _____ at school? Would you be able to help somebody in danger?
- 5 The children's _____ of the hospital is decorated in bright colours to cheer up the sick kids.

2 Complete the sentences with the missing verbs. The first letters are given. Use the definitions in brackets to help you.

- 0 Many emergency workers deliver (bring into the world) a baby in someone's home or on the way to hospital.
- 1 There isn't enough equipment to **t**_____ (give medical care) this disease here. You need to go to the capital.
- 2 You won't be able to buy these tablets if a doctor doesn't write a **p**_____ (an order for a medication) for you.
- 3 I'm taking part in the charity walk next weekend. You can **s**_____ (give money to someone who is taking part in an event organised by a charity) me if you want.
- 4 If you don't get this injection, it is possible you will **c**_____ (become infected with) a serious disease while you are travelling.
- 5 Instead of giving them gifts for their anniversary, my parents would like you to **d**_____ (give for the purpose of providing help) money to their favourite charity.

Grammar

3 Complete the sentences with the correct form of the verbs in the box.

be	not have	not hurt	join	learn	stop
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- 0 If I were you, I wouldn't touch the cut with a dirty hand.
- 1 If I wanted to get more exercise, _____ (you) a gym with me?
- 2 My friend is complaining about his health all the time. I wish he _____!
- 3 I've been walking all day! I'm really tired and I wish my feet _____ so much.
- 4 I would like to know more about being healthy. If only we _____ more about eating habits at school!
- 5 If George _____ a car, he would probably go to work by bike.

4 Complete the second sentence so that it has a similar meaning to the first.

- 0 The expedition was a complete disaster because the climbers left too late.
If the climbers had left earlier, the expedition wouldn't have been a complete disaster.
- 1 Jason bought that magazine because it had an article about his doctor.
If that magazine hadn't had an article about his doctor, _____.
- 2 I didn't tell the doctor about the headaches because he didn't ask me about them.
If the doctor had asked me about the headaches, _____.
- 3 I disagreed so strongly because I thought the nurse was wrong.
I wouldn't have disagreed so strongly _____.
- 4 The weather was horrible last night, so Thomas decided to stay at home.
If the weather hadn't been horrible last night, _____.
- 5 I was so hungry because we didn't have anything for lunch.
I wouldn't have been so hungry if _____.

5 Choose the correct option.

HEALTH

When you go to ⁰ A a new doctor, you are likely to hear the same questions that you've answered hundreds of times before. 'Do you take any medication? Are you allergic to anything? Have you ever broken a bone or ¹ ___ your shoulder?'

Actually, I had lots of accidents when I was a child. For example, when I was ten, I had to spend a month in bed after a bad fall. My mother blamed herself and would repeat, 'If you hadn't climbed that tree, you ² ___ two ribs.' She became overprotective after the accident. She was always worried about my health, and I knew that it ³ ___ her heart every time I got ill or injured. That didn't change my behaviour, though. I don't have any children, but if I ⁴ ___, I wouldn't try to protect them from all possible dangers. It never works. Sometimes you just can't prevent them ⁵ ___ getting hurt. And I think it is the lack of physical activity that is more dangerous for most people nowadays.

- 0 A see B watch C look
 1 A removed B dislocated C turned
 2 A won't break B wouldn't have broken C wouldn't break
 3 A damaged B broke C hurt
 4 A did B have C had had
 5 A off B out of C from

6 Complete the second sentence so that it has a similar meaning to the first. Use the word in CAPITALS.

- 0 I often wash my hands so that I won't get sick. AVOID
 I often wash my hands to avoid getting sick.
 1 Jan is exercising more so she can lose some weight. AS
 Jan is exercising more _____ some weight.
 2 These tablets are disgusting – I hate them. NOT
 If _____ so disgusting!
 3 Helen is staying home from work so that she won't give others her flu. AS
 Helen has been staying home from work so _____ others.
 4 She wasn't serious when she told you that. She was joking. LEG
 She was just _____.
 5 Helen broke her leg because she went snowboarding without any training. GONE
 If Helen _____ without any training, she wouldn't have broken her leg.