

1 Choose the correct alternatives.

- 1 While I sat/was sitting at my desk, a football came/was coming through my window!
- 2 I looked/was looking out of my window when I saw/was seeing a fox in my garden.
- 3 I fell over/was falling over on the ice while I walked/was walking home.
- 4 While I ate/was eating my lunch, I heard/was hearing a loud noise.
- 5 I saw/was seeing you earlier when I shopped/was shopping.
- 6 When I came/was coming home, he watched/was watching TV.
- 7 She met/was meeting her boyfriend while she travelled/was travelling around South America.
- 8 When I first saw/was seeing you, you wore/were wearing a beautiful dress.

2 Complete the sentences with the past simple or past continuous form of the verbs in brackets.

- 1 I _____ (not go) to the gym yesterday.
- 2 I _____ (eat) too much yesterday.
- 3 Sorry, could you repeat that? I _____ (not listen).
- 4 When I went out, it _____ (rain).
- 5 My neighbours _____ (argue) when I came home last night.
- 6 I _____ (injure) my leg while I was playing football.
- 7 I _____ (not enjoy) the film because some people were talking too loudly.
- 8 I saw a mouse while I _____ (clean) the house!
- 9 He _____ (not play) video games last night because he had too much homework.
- 10 I took some amazing photos while I _____ (travel) in India.