NAME: .....G5-REVIEW UNIT 14.TEST 3 – MARKS: .....

Exercise 1. Look and tick.



Do morning exercise ☐

Do yoga ☐



Drink fresh juice ☐

Play sports ☐



Eat healthy food ☐

Do aerobics ☐



Play sports ☐

Drink fresh juice ☐

Exercise 2. Look and write.

1

Mon.	Tue.	Wed.	Thur.	Fri.	Sat.	Sun.
✓						

I do yoga _____a week.

2

Mon.	Tue.	Wed.	Thur.	Fri.	Sat.	Sun.
✓	✓					

He drinks orange juice_____

_____

3

Mon.	Tue.	Wed.	Thur.	Fri.	Sat.	Sun.
✓	✓	✓	✓	✓	✓	✓

She plays badminton _____.

4

Mon.	Tue.	Wed.	Thur.	Fri.	Sat.	Sun.
✓	✓	✓				

My mother eats vegetable _____

_____

Exercise 3. Complete the sentence.

1. He wants to_____healthy.
2. How does he stay healthy?

   - He _____morning exercise.

3 How often does she play badminton?

   - She _____badminton three times a week.

4. My father _____orange juice twice a week.
5. I _____vegetables every day.



LIVEWORKSHEETS

Exercise 4. Read and match.

1	How does she stay healthy?	a	I'll play some games.
2	How often does he play sports?	b	We'll have cakes and sweets.
3	What food will you have at the party?	c	He does morning exercise.
4	How does your father stay healthy?	d	Three times a week.
5	What will you do at her party ?	e	She eat healthy food every day.

Answer: 1.____ 2._____ 3._____ 4._____ 5._____

Exercise 5. Read and circle.

Linda loves staying healthy. She eats healthy food every day. For breakfast, he usually eats an egg sandwich and he drinks a glass of milk. For lunch and dinner, she likes rice, fish and vegetables. She drinks a lots of water and fresh juice. She goes to bed early and does morning exercise every day. She plays sports three times a week in sports centre. She is very strong and active.

1. Linda eats healthy food like fish and ***vegetables/ meat.***
2. She drinks ***little / lots of*** water and fresh juice.
3. She does morning exercise ***twice a week / every day.***
4. She goes to the ***music club / sports centre*** three times a week.

Exercise 7. Circle the corect answer.

1 _____does he stay healthy ? – He plays volleyball.

A: Why B: What C: When D: How

2 . Does he play football once a week? _____

A: No, she doesn't B: Yes, she does C: Yes, he does D: Yes, they do

3. How do they stay fit ? – They eat fruit and _____.

A: ice-ream B: play games C: stay up late D: vegetables

4. How often does he drink orange juice? _____ a week.

A: three B: twice C: every day D: one

5. _____does she do aerobics? – four times a week.

A: How B:How many C: How much D: How often

LIVEWORKSHEETS

Exercise 10. Listen and circle Track 26

Thao: Hi, Bill. Can you tell me about your lifestyle?

Bill: Sure, Thao. I'm quite a healthy person. I eat four pieces of (1) *fruit / cheese* every day.

Thao: Four pieces every day? That's good.
I drink (2) *fresh juice / orange juice* every day.

Bill: I also like to exercise. I do morning exercise from Monday to Friday. So that's (3) *five times a week / four times a week*. I also go swimming on Tuesdays.

Thao: Oh, I like swimming!

Bill: What other sports do you like, Thao?

Thao: Well, I play (4) *baseball / basketball* on Mondays, Wednesdays and Fridays. It's a really fun sport! I also do judo on Saturday afternoons.

Bill: Judo? Amazing!

Exercise 11.Listen and write Track 27

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1. Peter eats healthy food like _____and vegetables.
2. Peter drinks some_____and fresh juice.
3. He exercises _____.
4. He does karate _____a week.

LIVEWORKSHEETS