Name: _____ Date:_____

Keeping My Space Clean

Keeping your space clean and organized is important! A clean and organized space will help you feel good.

Look at these two desks.

Desk A



Desk B



Which desk makes you feel good? ____

Which desk do you think would be best to work at? ____

Which desk would you rather work at? ____

Why do you think it's important to have a clean desk?

_____

What can you do to keep a clean work area?

_____

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Look at these two rooms.

Room A



Room B



Which room makes you feel good? _____

Which room would you like to visit? _____

Which room would you want to show a friend? _____

Which room is respectful of the stuff in it? _____

Why do you think it's important to have a clean room?

_____

_____

What can you do to keep a clean room?

_____

If you have a messy desk or a messy room, take the time to clean it. You will feel better!

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If you need help organizing your space, talk to your trusted adult or teacher. Create a cleaning schedule and checklist.

My Cleaning Schedule

Monday: _____

_____

Tuesday: _____

_____

Wednesday: _____

_____

Thursday: _____

_____

Friday: _____

_____

Saturday: _____

_____

Sunday: _____

_____

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