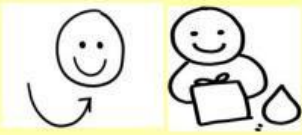


# BODY





... **a head**

hair

eyebrows

ears

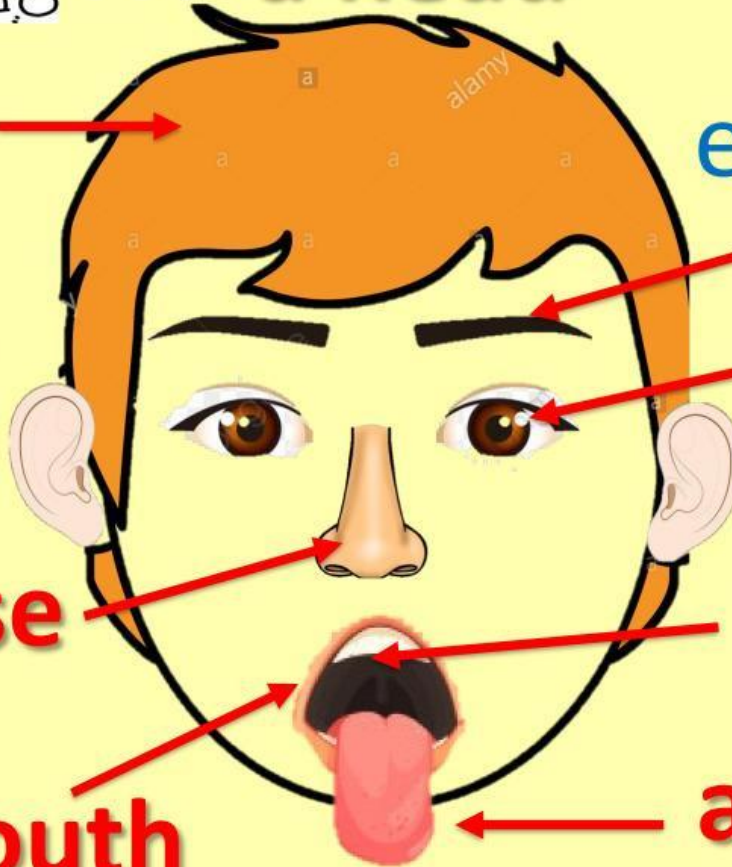
eyes

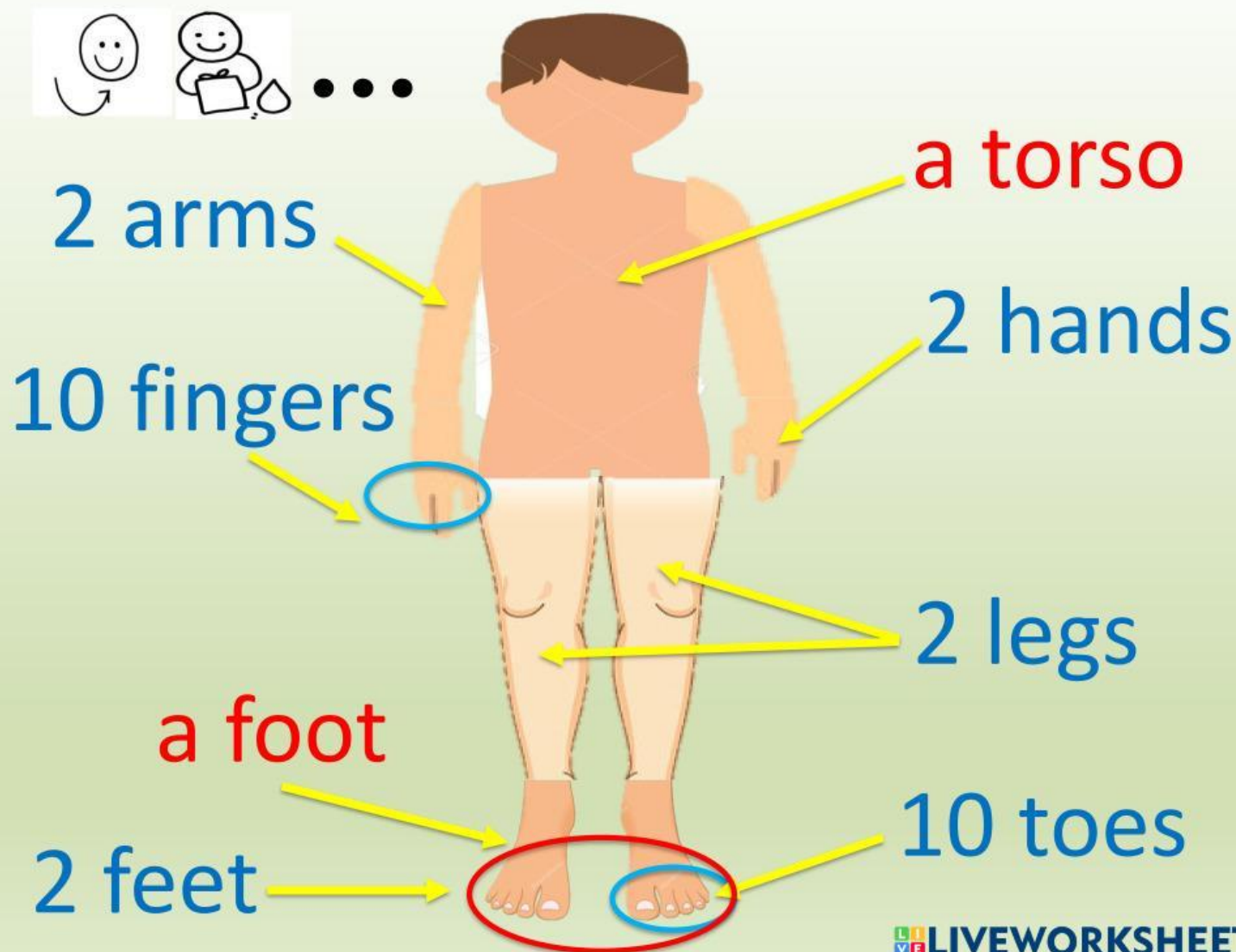
**a nose**

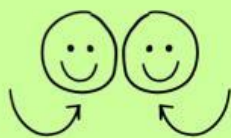
teeth

**a mouth**

**a tongue**







5



**SIGHT**



**HEARING**



**TASTE**



**SMELL**

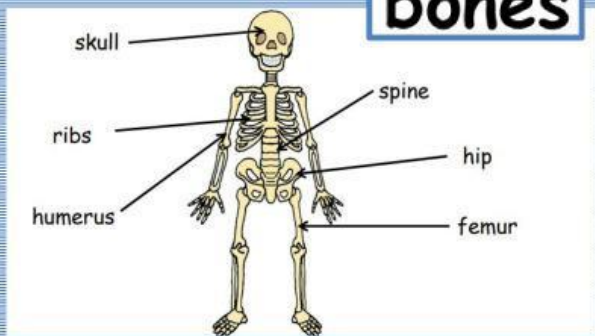


**TOUCH**

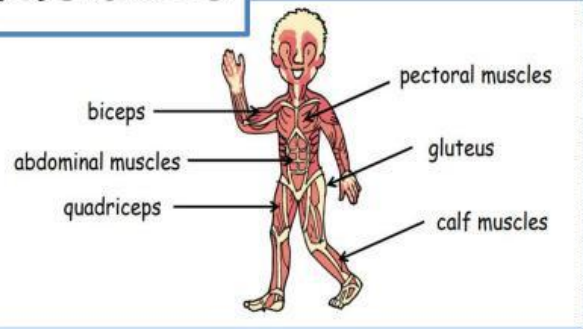


# Our locomotor system

## bones



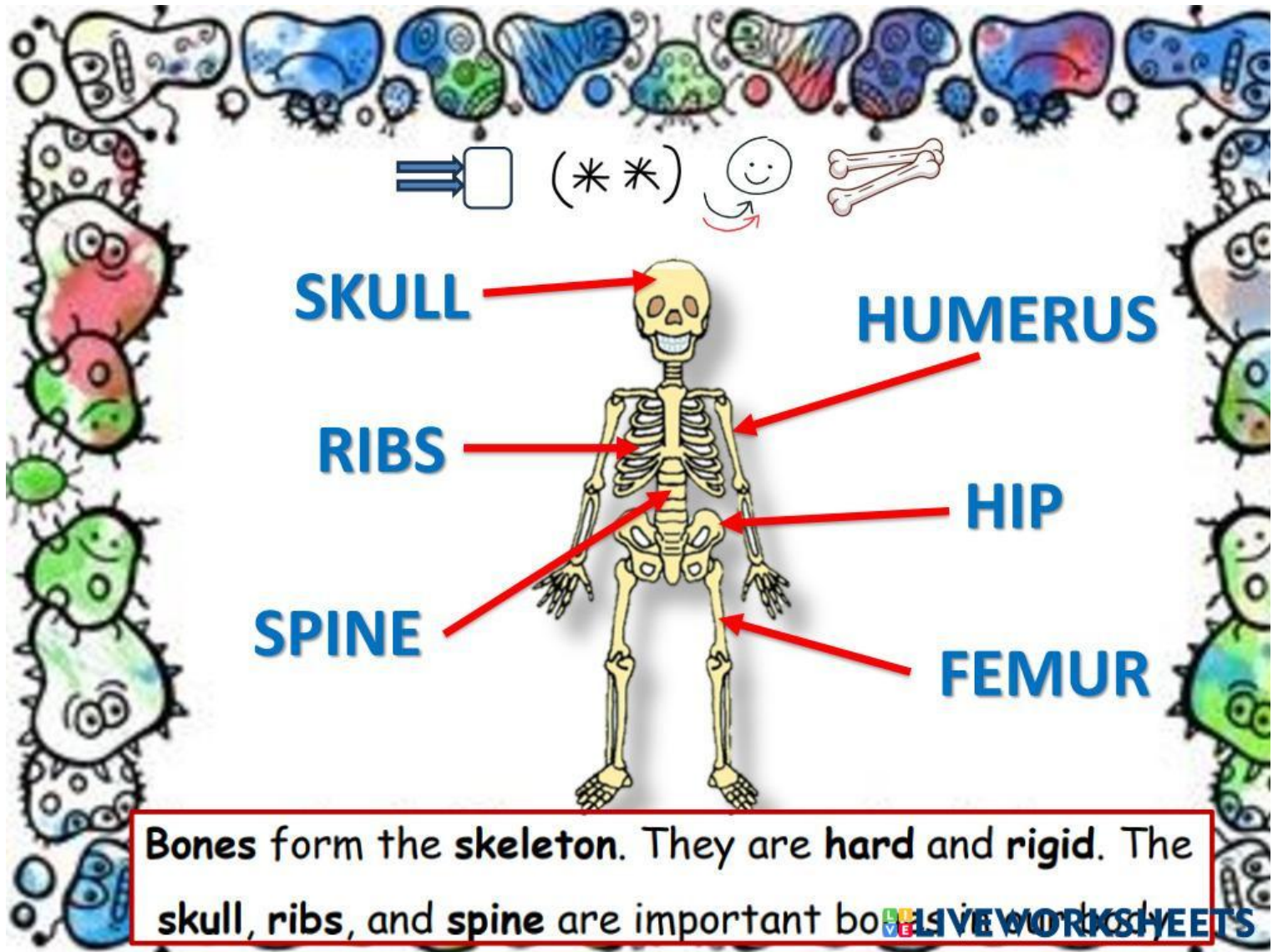
## muscles



## Joints

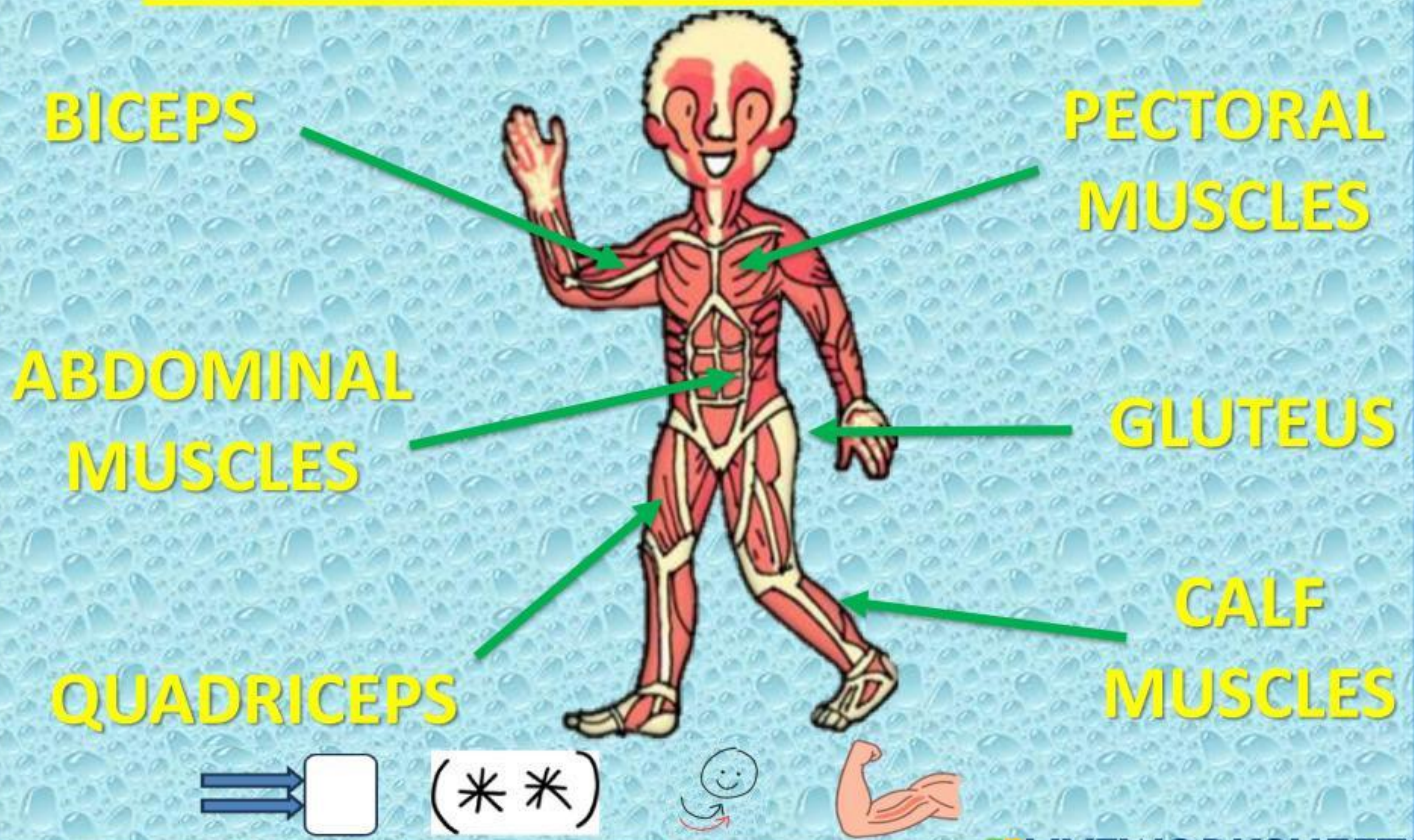


are part of our locomotor system



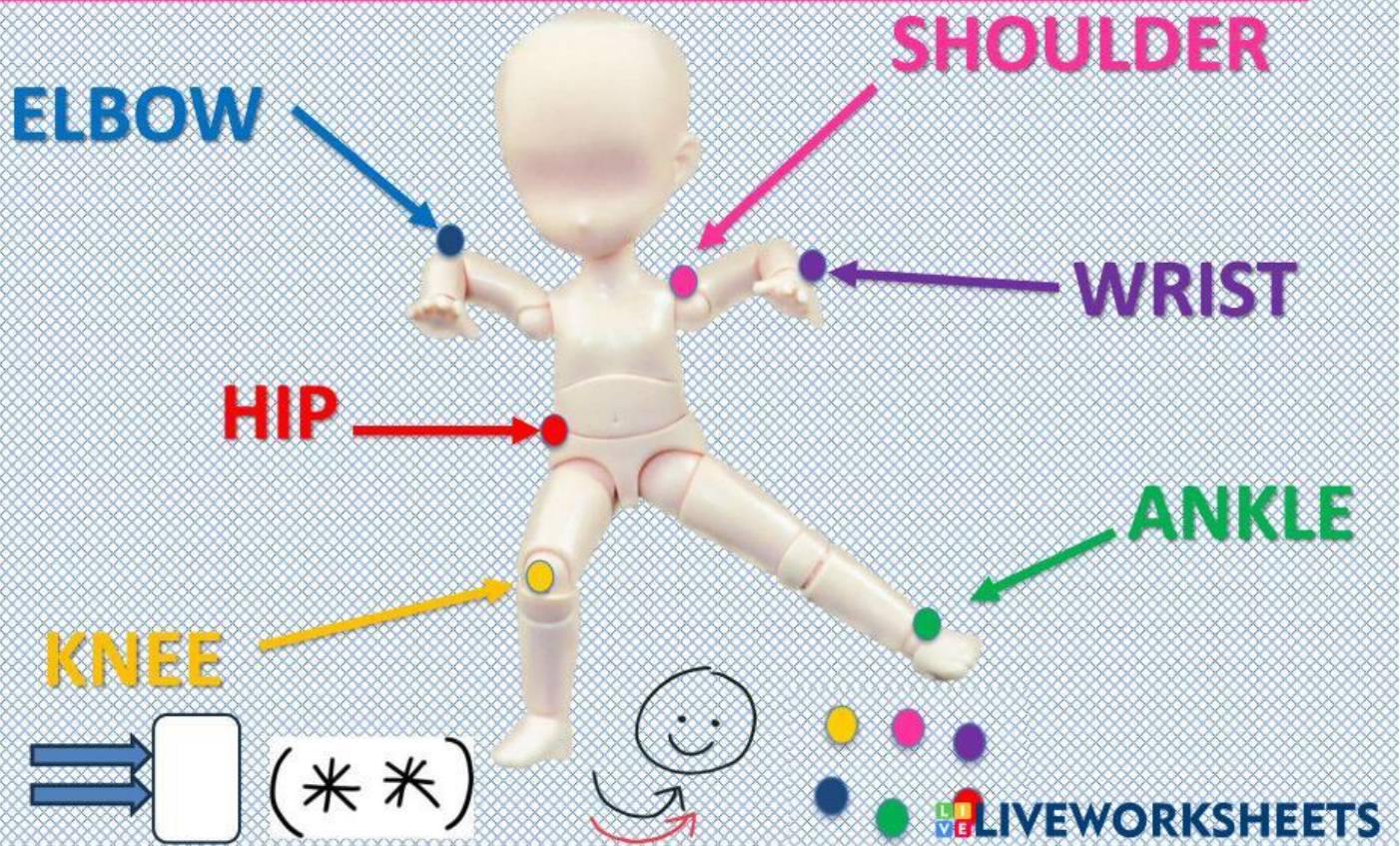


**Muscles** are **soft** and **elastic**. **Biceps** and **quadriceps** are important muscles in our body. Bones and muscles are part of our **locomotor system**.



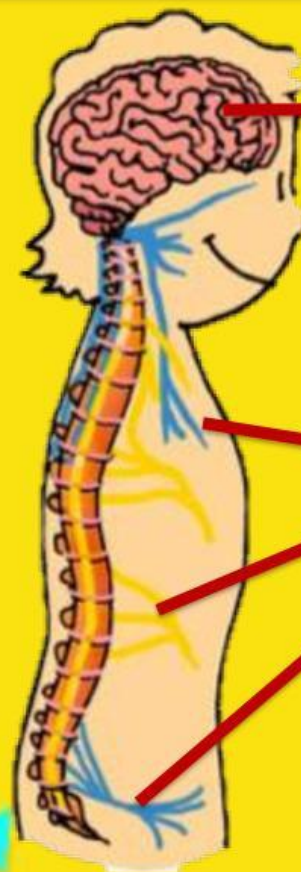


**Joints** make the skeleton **flexible**. Joints help us move.  
There are joints in our **arms** and **legs**. They are part of  
our **locomotor system**.





# Our nervous system



**BRAIN**

The brain controls all the movements in our body.

**NERVES**

We have nerves all over our body.

## HEALTHY HABITS



Good for your body!

## UNHEALTHY HABITS



Bad for your body!

### HEALTHY

### OR

### UNHEALTHY

sleeping well



eating healthy food



Exercise



washing every day

