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Archetypes (p.2)

In the first part, we explored some of Carl Jung's archetypes and the universal patterns of behavior they represent. Now, we'll dive deeper into the remaining ones, uncovering more strengths, challenges, and relatable traits. Who knows—you might discover a new side of yourself or someone you know!



1. The Ruler

Rulers are the organizers, the planners, the ones who make sure everything runs smoothly. They take charge and create structure, which is great—until they start micromanaging. You might appreciate their leadership but wish they'd loosen the reins every now and then. At a group picnic, the Ruler has a detailed itinerary: lunch at 12:30, games at 1:00, and cleanup by 3:00. When someone suggests moving the schedule around, they respond with a polite but firm, "No, this works better."

2. The Creator

Creators always have a project going—whether it's painting, writing, or rearranging their room for the tenth time. They're full of ideas and love bringing them to life, but they can get so caught up in their vision that they forget the practical details. You might admire their creativity but wish they'd meet deadlines more often. The Creator promises to make a custom birthday card for a friend. On the day of the party, they're still tweaking the design and show up an hour late with a half-dry masterpiece.

3. The Jester

Jesters bring humor and lightness to any situation. They're the ones who can make you laugh even on your worst day. But their constant joking can sometimes make it hard to know when they're being serious—or if they're avoiding deeper conversations. During a serious group discussion about an important deadline, the Jester pipes up with, "Why don't we just move the deadline to next year and all take a vacation?" Everyone laughs, but no one knows if they were joking or not.

4. The Innocent

Innocents are the optimists who always see the glass as half full. They remind you of the joy in small things, like a sunny day or a kind word. But their idealism can sometimes make them naïve. You might find yourself thinking, "That's sweet, but life isn't always that simple." When the Innocent gets scammed by a "too good to be true" online sale, they say, "At least I learned something!" They're still smiling, but you can't help feeling bad for them.

5. The Caregiver

Caregivers are the ones who bring soup when you're sick or offer to babysit even when they're busy. They have a knack for making others feel safe and cared for. But here's the thing: they often forget to care for themselves. During a camping trip, the Caregiver notices someone forgot their sleeping bag. Without hesitation, they give up their own and spend the night shivering by the fire—but with a smile, because everyone else is comfortable. So, you might often see a Caregiver putting everyone else first and wonder when they'll realize they're running on empty.

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6. The Everyman (or Orphan)

Everymen are down-to-earth and relatable. They're the ones who make everyone feel included and welcome. But their desire to fit in can sometimes make them avoid standing out, even when they have something valuable to offer. You might admire their humility but wish they'd embrace their unique strengths more often. In a brainstorming session, the Everyman has a great idea but doesn't speak up. When someone else suggests the same thing later, they quietly say, "I was thinking that too."

Identify which archetype is being described:

When a leadership opportunity arose, they turned it down, saying, "I'm more comfortable supporting from behind the scenes."

When a scam email promised them a free vacation, they excitedly replied, thinking, "Maybe this is my lucky break!"

They decided to repaint their living room but ended up turning one wall into a mural of their favorite scene from a novel, delaying the project by weeks.

During a school assembly, they whispered a funny comment to their friend, who burst out laughing, earning both of them a disapproving glance.

On a family vacation, they created a daily itinerary with activities planned down to the hour and became annoyed when others wanted to sleep in or relax.

At a family gathering, they noticed their younger cousin looking left out and spent the evening playing games with them to make sure they felt included.

