

Out in the Sun

The sun can harm us too.
It is important to be careful
in the sun.

Too much sun can hurt your
skin and eyes.

Sunscreen and a hat can
protect you from the sun.
Some sunglasses can protect
your eyes from the sun.
You should never look
at the sun.

Underline one way the
sun harms us.

Circle two things that
protect these children
from the sun.



Lightning Lab

Heat from the Sun

Get two pieces of
clay. Put one piece in
sunlight. Put the other
in shade. Wait 10
minutes. Write how
each feels.

