

STOP AND CHECK 2

Name: _____ Date of test: 26/12/2025

PART I. Cross (X) the letter A, B, or C in the table to indicate the correct answer to each question.

1: A: What type of TV show do you like? → **B:** _____

- A. Yes, I'd love to. B. I love sitcoms. C. I'd be happy to.

2. There's a _____ in the bathroom.

- A. shower B. dishwasher C. sofa

3. There _____ much light inside this room. Would you please open the windows?

- A. be not B. isn't C. aren't

4. A: _____ do you go to the gym? → **B:** "Three or four days a week."

- A. What time B. When C. How often

5. Choose the item that is NOT usually in the BEDROOM

- A. curtains B. wardrobe C. stove

6. Which is the odd one out?

- A. reality shows B. headache C. soap operas

7. A: How many rooms are there in your house? → **B:** _____

- A. My house is near the park. B. There are six. C. I like my room so much.

8. My girlfriend loves _____ swimming, but I hate the water!

- A. to go B. to do C. go

9: My mother _____ watching TV shows on the Internet.

- A. would like B. dislikes C. wants

10. Mandy hopes _____ her favorite actor one day.

- A. meeting B. to meet C. meet

11. We need clean clothes. Could you _____ before work?

- A. drop off dry clean B. drop the dry cleaning off C. drop of them

12. They think about the question and answer them _____.

- A. heavily B. carefully C. deeply

13. _____ do you play golf? → for a few hours.

- A. how long B. how healthy C. how well

14. You listen with your _____, and you walk with your _____.

- A. head/ arms B. eyes/ legs C. legs/ knees

15. Can you speak _____? I can't understand you

- A. slowly B. quickly C. noisily

II. Complete the text with the words from the box..

A. exercise	B. habits	C. walk	D.
balanced	E. communicate	F. get	
G. wash	H. swimming	I. stressed	
	J. vegetables		

" To be healthy, it's important to eat a (16) _____ diet with fruits and (17) _____. Drink water instead of sugary drinks, and (18) _____ enough sleep for 7-8 hours each night. It's important to (19) _____ regularly, like walking, cycling or (20) _____. Try to move your body every day, even if it's just a short (21) _____. You should also (22) _____ your hands often to stay clean and stay safe. Relax when you feel (23) _____ and (24)_____ to your friends or family to stay happy. Try to help others when you can and always smile. Good (25) _____ make your body and mind strong and happy."