

ANNOUNCEMENT:

Exercise 1:

WHAT TO DO DURING DISASTERS

1. Stay (1) ____ your house and away from windows.
2. Don't drive or walk into flood water.
3. Move to high ground far from (2) ____ sea.
4. Get under a desk or table.
5. (3) ____ to local news reports and leave if they tell you to leave.
6. Call the emergency services if you are in (4) ____.

Question 1: A. over

B. into

C. inside

D. away

Question 2: A. X (no article)

B. a

C. the

D. an

Question 3: A. Watch

B. Listen

C. Read

D. Wait

Question 4: A. dangerous

B. endangered

C. dangerously

D. danger

Exercise 2:

SAFETY INSTRUCTIONS DURING EMERGENCIES

1. Stay (1) ____ the building and away from windows.
2. Do not run or walk into flooded areas.
3. Move to higher ground, far from (2) ____ river.
4. Hide under a table or chair.
5. (3) ____ to announcements from authorities and evacuate if instructed.
6. Call rescue services if you are in (4) ____.

Question 1: A. inside

B. outside

C. under

D. near

Question 2: A. X (no article)

B. a

C. the

D. an

Question 3: A. Watch

B. Listen

C. Read

D. Wait

Question 4: A. danger

B. dangerous

C. dangerously

D. endanger

Exercise 3:

Education: Classroom Rules

1. Sit (1) ____ your desk and listen to the teacher.
2. Do not talk when the teacher is speaking.
3. Keep your hands (2) ____ your own materials.
4. (3) ____ your homework on time.
5. Always bring your textbooks to class.
6. If you have questions, raise your hand and wait for (4) ____ from the teacher.

Question 1: A. under

B. at

C. between

D. beside

Question 2: A. on

B. to

C. with

D. from

Question 3: A. Hand in

B. Hand out

C. Hand over

D. Hand up

Question 4: A. answer

B. answered

C. answering

D. answers

Exercise 4:

Health: Healthy Eating

1. Include fruits and vegetables (1) ____ every meal.
2. Avoid eating too much sugar and salt.
3. Drink water instead of (2) ____ sugary drinks.
4. (3) ____ your meals in small portions throughout the day.
5. Exercise regularly to maintain a healthy lifestyle.
6. If you feel (4) ____ , consult a doctor.

Question 1: A. on

B. in

C. over

D. at

Question 2: A. a

B. an

C. the

D. X (no article)

Question 3: A. Plan

B. Prepare

C. Consume

D. Serve

Question 4: A. healthy

B. healthily

C. unhealthy

D. healthier

Exercise 5:

Technology: Online Safety

1. Do not share your password (1) ____ anyone.
2. Use a secure connection when browsing (2) ____ internet.
3. Keep your software up to date.
4. (3) ____ any strange emails right away.
5. Be careful about the information you post online.
6. If you encounter a problem, report it to (4) ____.

Question 1: A. with

B. on

C. for

D. by

Question 2: A. a

B. an

C. the

D. X (no article)

Question 3: A. Delete

B. Open

C. Forward

D. Ignore

Question 4: A. support

B. supportive

C. supported

D. supporting

Exercise 6:

Transportation: Public Transport Etiquette

1. Wait (1) ____ the bus stop until the bus arrives.
2. Allow others to exit before you enter the bus.
3. Always hold on to the handrails (2) ____ you are standing.
4. (3) ____ your seat to elderly or disabled passengers.
5. Do not play loud music on public transport.
6. If you need to get off, (4) ____ the button.

Question 1: A. on

B. in

C. at

D. next

Question 2: A. while

B. during

C. before

D. after

Question 3: A. Keep

B. Take

C. Give

D. Get

Question 4: A. press

B. pressing

C. pressed

D. pressure

Exercise 7:

Work: Office Behavior

1. Arrive (1) ____ time for meetings.
2. Do not interrupt your colleagues when they are talking.
3. Keep your workspace (2) ____ and tidy.
4. (3) ____ your work before the deadline.
5. Be polite and respectful in all communications.
6. If you have a problem, talk to (4) ____ your manager.

Question 1: A. at

B. in

C. on

D. before

Question 2: A. clean

B. cleaned

C. cleaner

D. cleaning

Question 3: A. Finish

B. Complete

C. Submit

D. Work

Question 4: A. directly

B. direct

C. direction

D. directing

Exercise 8:

Social Media: Responsible Use

1. Think carefully before you post anything (1) ____ online.
2. Do not get into online fights or bullying.
3. Set your profile (2) ____ private to keep your information safe.
4. (3) ____ what you share with others.
5. Always give credit when using someone else's work.
6. If you see bad content, report it (4) ____.

Question 1: A. a

B. an

C. the

D. X (no article)

Question 2: A. as

B. by

C. in

D. to

Question 3: A. Choose

B. Consider

C. Control

D. Decide

Question 4: A. responsible

B. responsibly

C. responsibility

D. respond

Exercise 9:

Personal Finance: Saving Money

1. Save a part of your money at (1) ____ start of each month.
2. Do not spend money (2) ____ things you don't need.
3. (3) ____ your spending to see where you can save.
4. Set money goals and work (4) ____ reaching them.
5. Avoid taking on too much debt.
6. Set money goals and work to (5) ____ them.

Question 1: A. a

B. an

C. the

D. X (no article)

Question 2: A. for

B. on

C. in

D. with

Question 3: A. Track

B. Plan

C. Count

D. Manage

Question 4: A. achieved

B. achieve

C. achievable

D. achievement

Exercise 10:

Exercise: Staying Fit

1. Exercise (1) ____ least three times a week.
2. Do not skip your warm-up before starting.
3. Drink water (2) ____ your workout.
4. (3) ____ new activities to keep your routine interesting.
5. Get enough sleep to recover after exercise.
6. If you feel pain, stop (4) ____ and consult a professional.

Question 1: A. at

B. on

C. to

D. for

Question 2: A. during

B. before

C. after

D. with

Question 3: A. Try

B. Do

C. Play

D. Make

Question 4: A. action

B. active

C. activity

D. act