

Read the text and decide if the statements 1–8 True or False.

**Lessons from Grandad**

Have you ever thought about what you get and learn from your elders? Take food, for example. Where does your food really come from? For example, think about modern milk production. Milk goes from a farm to a milk factory, where it is processed and put in milk bottles or cartons. Then someone buys it for you from a supermarket or a local shop. That's a lot of steps!

**Trong Minh**, from Phu Tho, didn't like the large number of steps involved in producing food. "It seemed that the food was not as fresh as we thought. So, I decided to go to a farmer's market one day. My grandfather sells food from his farm there. The food is a little more expensive, but it is organic. This means it is more nutritious and there are no added chemicals in the food. It is much more delicious too. I spend a lot of time on my grandfather's farm. He shows me traditional methods of farming and cooking. Next year I want to study farming. I think with my grandfather's help and my studies, I can become a very "successful farmer."

**Hoai Anh** became interested in organic food a few years ago. She enjoys hanging out with Grandad. "One year he taught me how to make a vegetable salad. All the vegetables were from his garden. The salad was delicious - very different from the ones from supermarkets. This made me think about where our food comes from and how fresh it is. Now I'm a teenager I still visit Grandad and he teaches me so many things about food, like how to cook it and where it comes from. When I finish school, I want to become a chef and cook with food straight from my own market garden."

|   | True | False |
|---|------|-------|
| 1. Food in supermarkets usually comes straight from a farm.                                       |      |       |
| 2. Mark's grandfather sells his produce at a farmer's market.                                     |      |       |
| 3. Organic food is usually a little cheaper.  |      |       |
| 4. Trong Minh spends much time on the farm but no one teach him traditional methods of farming.   |      |       |
| 5. Trong Minh thinks he will succeed in farming with the help of his grandfather and his studies. |      |       |

|   |  |  |
|---|--|--|
| 6. One day, Hoai Anh's grandad made her some vegetarian foods from vegetable in his garden. |  |  |
| 7. Hoai Anh learns about where food comes from with her grandad.                            |  |  |
| 8. Hoai Anh wants to cook with her own fresh food in the future.                            |  |  |