

# DAILY ROUTINES



WAKE UP



GET UP



MAKE THE BED



HAVE A WASH



BRUSH YOUR  
TEETH



COMB YOUR HAIR



PUT YOUR  
MAKEUP ON



HAVE A BATH



TAKE A SHOWER



HAVE  
BREAKFAST



DRINK COFFE



PACK YOUR BAG



GED DRESSED



DO YOGA



MEDITATE



WORK



READ A BOOK



GO CYCLING



GO SHOPPING



CLEAN THE  
HOUSE



IRON THE CLOTHES



RELAX



DRINK WATER



TALK WITH  
YOUR FRIEND



DANCE

## I. LISTEN AND COLOUR

# DAILY ROUTINES

## 2. ANSWER THESE QUESTIONS ABOUT YOUR MORNING ROUTINE

1. WHAT DO YOU USUALLY DO AT 7 AM?
2. WHAT DO YOU USUALLY DO AT 10 AM?
3. WHAT DO YOU USUALLY DO AT 2 PM?
4. WHAT DO YOU USUALLY DO AT 6 PM?
5. WHAT DO YOU USUALLY DO AT 9 PM?

## 3. DO THE WORD SEARCH



DRINK COFFEE  
MAKE THE BED  
GET DRESSED  
HAVE A WASH

HAVE A BATH  
MEDITATE  
WAKE UP  
DO YOGA

GET UP

# DAILY ROUTINES

4. READ THE STORY. CHOOSE A WORD FROM THE BOX. WRITE THE CORRECT WORD IN THE BLANK SPACES.



|              |             |         |                 |                |
|--------------|-------------|---------|-----------------|----------------|
| COMB MY HAIR | GET DRESSED | DO YOGA | TAKE A SHOWER   | RELAX          |
| PACK MY BAG  | WAKE UP     | DANCE   | CLEAN THE HOUSE | HAVE BREAKFAST |

EVERY DAY, \_\_\_\_\_ AT 7 O'CLOCK. I DON'T STAY IN BED BECAUSE I NEED TO GET UP QUICKLY. FIRST, I MAKE THE BED. AFTER THAT, I GO TO THE BATHROOM TO BRUSH MY TEETH AND HAVE A WASH. SOMETIMES, I ALSO \_\_\_\_\_ WHEN I HAVE MORE TIME.

AFTER THE BATHROOM, I STAND IN FRONT OF THE MIRROR TO \_\_\_\_\_ . IF I WANT TO LOOK NICE, I ALSO PUT MY MAKEUP ON. THEN, I GO TO THE KITCHEN TO \_\_\_\_\_ . I USUALLY EAT SOME TOAST AND DRINK TEA, BUT SOMETIMES I DRINK COFFEE.

BEFORE I LEAVE THE HOUSE, I NEED TO \_\_\_\_\_ FOR SCHOOL. THEN, I CHOOSE MY CLOTHES AND \_\_\_\_\_ . AT 8 O'CLOCK, I AM READY TO GO.

IN THE AFTERNOON, I LIKE TO DO MANY THINGS. SOMETIMES, I \_\_\_\_\_ BECAUSE IT HELPS ME RELAX. OTHER TIMES, I LIKE TO SIT QUIETLY AND READ A BOOK. ON SUNNY DAYS, I GO OUTSIDE TO GO CYCLING. WHEN I AM VERY TIRED, I JUST \_\_\_\_\_ ON THE SOFA AND DRINK WATER.

IN THE EVENING, I NEED TO DO SOME WORK. I USUALLY \_\_\_\_\_ BECAUSE I LIKE WHEN MY ROOM LOOKS NICE. SOMETIMES, I ALSO HELP MY FAMILY AND IRON THE CLOTHES. BEFORE BED, I LIKE TO HAVE FUN. I SOMETIMES \_\_\_\_\_ TO MUSIC OR TALK WITH MY FRIEND ON THE PHONE. AFTER A LONG DAY, I FEEL HAPPY AND READY TO SLEEP.

5. WRITE A STROY ABOUT YOUR OWH DAILY ROUTINE!