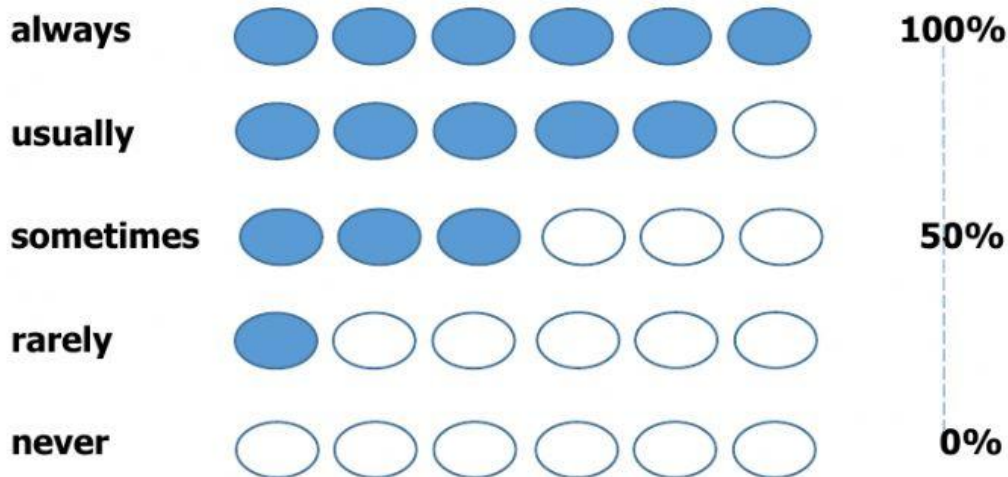


## Adverbs of Frequency



|                    | Sun | Mon | Tues | Wed | Thu | Fri | Sat |
|--------------------|-----|-----|------|-----|-----|-----|-----|
| clean my apartment | ✓   |     | ✓    |     | ✓   |     | ✓   |
| watch TV           | ✓   | ✓   | ✓    | ✓   | ✓   | ✓   | ✓   |
| cook               |     | ✓   | ✓    | ✓   | ✓   | ✓   |     |
| go to the park     | ✓   |     |      |     | ✓   |     | ✓   |
| do the laundry     |     |     |      |     |     | ✓   |     |
| take a shower      |     | ✓   |      | ✓   |     | ✓   |     |






**Adverbs of frequency** describe *how often* you do an action or *how often* something happens.

**A.** Look at the schedule above. Complete the sentences with the correct adverb of frequency.

- I \_\_\_\_\_ **watch** TV because I rarely go out.
- I \_\_\_\_\_ **do** the laundry.
- I \_\_\_\_\_ **cook**.
- I \_\_\_\_\_ **take** a shower because I stay inside.
- I \_\_\_\_\_ **go** to the park to exercise.
- I \_\_\_\_\_ **clean** my apartment because I'm worried about COVID-19.
- I \_\_\_\_\_ **practice** English at home now.

**Adverbs of frequency** *always* come before the main verb.

Examples:

1. Kevin **always** *talks* in class. 
2. The students **usually** *come* to school. 
3. You **sometimes** *do* homework. 
4. Victor **rarely** *participates* in school. 
5. Monica **never** *speaks* Spanish in class. 

**B.** Complete the sentences with your own ideas.

1. Donald Trump \_\_\_\_\_ *tells* the truth.
2. I \_\_\_\_\_ *practice* English at home now.
3. We \_\_\_\_\_ *use* WhatsApp or Skype to talk to family.
4. My family \_\_\_\_\_ *spends* time together now.
5. I \_\_\_\_\_ *wake up* late.
6. We \_\_\_\_\_ *work* now.
7. I \_\_\_\_\_ *want* to return to English class at Carlos Rosario.
8. My teacher \_\_\_\_\_ *communicates* with students now.

**C.** Click listen and choose true or false.



1. Donald is healthy. T / F
2. He always eats salad. T / F
4. He usually drinks soda. T / F
5. He rarely exercises. T / F
6. His doctor says he needs more physical activity. T / F