

PERDEV 11 REVIEW QUIZ 2

FULL NAME:

YEAR AND SECTION:

DATE:

MULTIPLE CHOICE: Write the correct answer on the space provided before each number.

_____ 1. Who developed the concept of the five love languages?

- A. John Gottman
- B. Gary Chapman
- C. Esther Perel
- D. Brené Brown

_____ 2. Which of the following is NOT one of the five love languages?

- A. Words of Affirmation
- B. Acts of Service
- C. Physical Touch
- D. Emotional Support

_____ 3. What is the primary focus of the "Quality Time" love language?

- A. Giving heartfelt compliments
- B. Spending undivided attention with someone
- C. Helping with chores or tasks
- D. Offering physical affection

_____ 4. What does "Acts of Service" as a love language emphasize?

- A. Saying "I love you" frequently
- B. Doing helpful actions like cooking or cleaning
- C. Buying meaningful gifts
- D. Sharing deep conversations

_____ 5. Which love language is shown by offering thoughtful presents to others?

- A. Words of Affirmation
- B. Gift Giving
- C. Acts of Service
- D. Physical Touch

_____ 6. If someone's love language is "Physical Touch," what might make them feel most loved?

- A. Receiving a handwritten note
- B. Hugs, holding hands, or a pat on the back
- C. Spending hours talking
- D. Helping them with their responsibilities

_____ 7. Why is it important to understand someone's love language?

- A. To manipulate them into liking you
- B. To communicate love in a way they value most
- C. To prevent disagreements entirely
- D. To determine compatibility

_____ 8. If your partner often praises you and gives encouraging words, what might their love language be?

- A. Physical Touch
- B. Acts of Service
- C. Words of Affirmation
- D. Quality Time

_____ 9. How can knowing your own love language help you?

- A. It teaches you to avoid conflict completely
- B. It helps you understand what makes you feel valued
- C. It helps you focus only on giving love
- D. It determines how others should behave around you

_____ 10. What is a common misconception about love languages?

- A. People can have more than one love language
- B. Love languages apply to all relationships, not just romantic ones
- C. Love languages always stay the same throughout life

D. Acts of Service is one of the five love languages

IDENTIFICATION: Identify what is being asked or described in each question.

_____ 11. What love language involves expressing affection through spoken or written words of affirmation?

_____ 12. What love language is characterized by giving thoughtful gifts to express love?

_____ 13. Which love language focuses on spending quality time and undivided attention with a loved one?

_____ 14. What love language is about performing helpful acts to show care and support?

_____ 15. Which love language emphasizes physical closeness, such as hugging, kissing, or holding hands?

_____ 16. Which love language might involve doing household chores or errands for someone?

_____ 17. What love language is best for people who feel most loved through meaningful and uninterrupted conversations?

_____ 18. Which love language can be demonstrated by giving a handwritten letter or a compliment?

TRUE OR FALSE: Write True if the statement is correct and False if its not.

_____ 19. The five love languages are Words of Affirmation, Acts of Service, Quality Time, Physical Touch, and Receiving Gifts.

_____ 20. Everyone has only one love language.

_____ 21. Understanding your partner's love language can improve your relationship.

_____ 22. Acts of Service involve verbal expressions of love and appreciation.

_____ 23. Physical Touch as a love language means physical intimacy is the only way to express love.

24. Receiving Gifts as a love language emphasizes the material value of gifts.

25. Quality Time as a love language requires undivided attention.

ESSAY

26-27. How can understanding love languages help resolve conflicts or misunderstandings in relationships?

28-30. Why do you think expressing love in ways meaningful to others can create deeper connections?