

Vocabulary

Emotions

1 Look at the pairs of similar adjectives. Underline the one that expresses a stronger emotion.

- 1 astonished surprised
- 2 frightened petrified
- 3 furious angry
- 4 calm relieved
- 5 thrilled happy

2 Complete the sentences with the adjectives you underlined in Exercise 1.

- 1 My brother used to get _____ with me when I borrowed his clothes without asking.
- 2 I was _____ at how quickly you learned Japanese. I thought it would be really difficult.
- 3 I hadn't done enough revision, so I was _____ that the exam was cancelled.
- 4 My friend has never been abroad because he's _____ of flying.
- 5 We finally decided to go on a round-the-world trip and I'm so _____ about it.

3 Complete the sentences with the correct form of the word given.

- 1 I'd love to start going to the gym after work, but I just can't get _____ *motivate*
- 2 I get really _____ with my slow internet connection sometimes. *patience*
- 3 We went up in a hot air balloon at the weekend. What a _____ experience! *thrill*
- 4 I think I did quite well in my exam. I am _____ about my results. *optimism*
- 5 Lots of people are _____ of snakes, but I think they are amazing. *petrify*
- 6 The way all the cyclists finished the race in the rain was _____. *astonish*
- 7 I'm not too _____ about my grades at the moment. I'm sure I'll do well in the end. *concern*
- 8 I was _____ to find out my friend's illness wasn't serious. *relief*



Look at the Learning to learn box. Then do the task.

LEARNING TO LEARN: VOCABULARY

Word formation in exams

Word formation questions are a common way of testing vocabulary in exams. There will be a text or sentences with gaps. For each gap, you are given a prompt word that you have to change to the correct form, for example, changing a verb to an adjective or noun.

You can prepare for this type of question by noting the different forms of any new vocabulary you learn. If you learn a new adjective, then write down the verb and noun form as well, if they exist. Some adjectives also have opposite forms, for example, *patient/impatient*. Not all vocabulary words will have forms in each category.

Write the missing forms of the words. They are all from Unit 1 of the Student's book.

verb	noun	adjective	antonym
anger	anger	_____	
annoy	annoyance	_____ / annoyed	
astonish	astonishment	astonishing / _____	
bear		bearable	_____
disappoint	disappointment	_____ / _____	
exhaust	exhaustion	_____ / _____	
irritate	irritation	_____ / _____	
		joyful	
motivate		motivating / _____	demotivating/ed
	optimism	_____	pessimistic
please	pleasure	pleasant	_____
sense	sense	_____	insensitive
worry	worry	worrying / _____	

Focus on

Adverbs of degree

- 1 Read the quiz questions and choose the option that matches your own reaction. Then check the Answer key.
- 2 Choose the correct adverb to complete the sentences.
 - 1 A: I thought Sami was coming on holiday with us.
B: He was, but he can't get away from his job. He's *really / slightly* disappointed.
 - 2 A: Did you watch all the episodes of that show in one day?
B: A day and a night. And now I'm *completely / tremendously* exhausted.
 - 3 A: Fred seems very quiet in class these days.
B: I know, I'm *slightly / totally* concerned that he's finding the course difficult.
 - 4 A: Is that your first attempt at painting a portrait?
B: Yeah. It's not very good. I'm *really / relatively* happy with it, I suppose.
 - 5 A: I'm a *bit / completely* worried about my exams next week.
B: That's natural, but I'm sure you'll do well.
 - 6 A: You're going to do the fun run, aren't you?
B: Yes – and I'm *quite / slightly* sure it will be great.
 - 7 A: Was Amal upset about you breaking her headphones?
B: Not at all. I talked to her and she was a *bit / totally* cool with it.
 - 8 A: You must be thrilled to get a place at drama school.
B: Well, yes, it's one of the top schools in the country. I'm *relatively / tremendously* excited about going.



Quiz!

Can you keep your cool?

- 1 Your flatmate has eaten all your favourite cereal – again! You can't stand finding empty cereal boxes. Are you:
A a bit annoyed?
B very angry?
C absolutely furious?
- 2 Your favourite sports team loses another match. It's almost the end of the season. Do you feel:
A a bit disappointed?
B really unhappy?
C extremely sad?
- 3 You're driving in a strange town late at night and you get lost. Are you:
A relatively relaxed?
B a bit frightened?
C absolutely petrified?
- 4 Your friend hasn't responded to your texts for a week now. Does this make you feel:
A totally calm
B a little concerned?
C really worried?
- 5 On the phone to your insurance company, you've been waiting for twenty minutes and the music is getting on your nerves. Are you starting to get:
A a bit bored?
B slightly impatient?
C really irritated?
- 6 Your partner orders a surprise gift for your birthday. Does it make you:
A quite pleased?
B very cheerful?
C absolutely delighted?

Answer key
Mostly 'A': You've got a cool, calm head. It takes a lot to upset you.
Mostly 'B': You're not afraid to show your emotional side, are you?
Mostly 'C': Have you thought about taking up yoga?