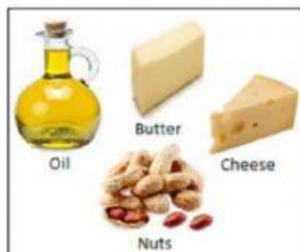


THE NUTRIENTS IN FOOD

1. Match each food to the nutrient it contains.

carbohydrates



fats



proteins



vitamins and minerals



2. Classify each food by writing the number of the nutrient they contain.

1. Carbohydrates



2. Fats



3. Proteins



4. Vitamins and minerals

Rice __

Broccoli __

Pasta __

Chorizo __