

1 VOCABULARY health and the body

a Order the letters to make words that complete the sentences.

- 1 A dentist looks after your (tteeoh) teeth.
- 2 Exercise helps to keep your (esslcum) strong.
- 3 Doing exercise every day can cut the risk of a (earth) attack.
- 4 Drinking a lot of alcohol is bad for your (viler) liver.
- 5 You can lose a lot of (dobol) blood if you cut your hand badly.
- 6 If you have a skiing accident, you can easily break a (nobe) bone.

b Complete the sentences with a word from a. Use plurals where necessary.

FASCINATING FACTS

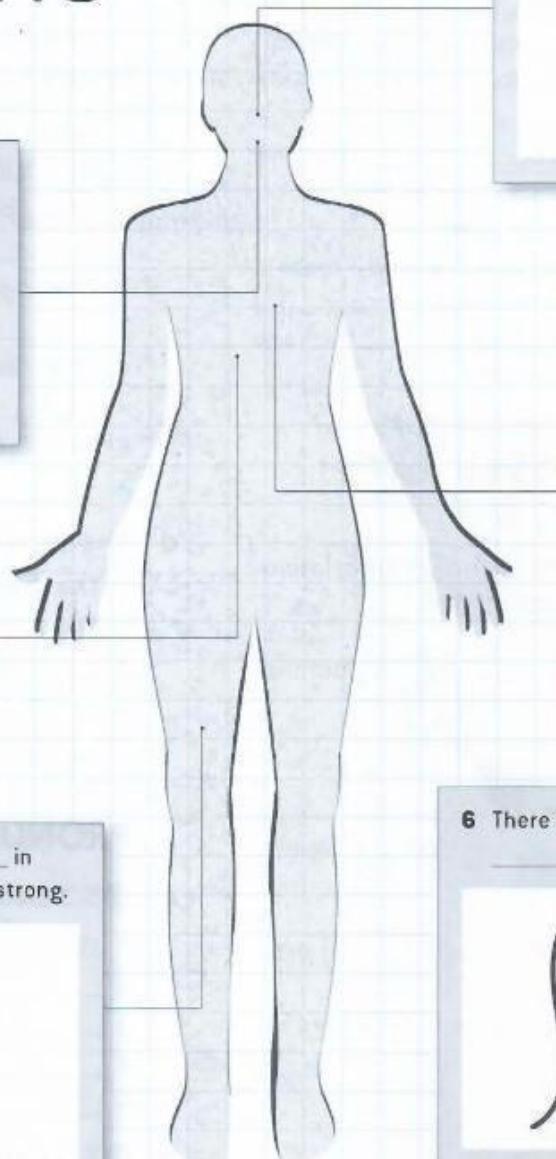
1 Most parts of your body can repair themselves, but your liver can't.



2 Your liver cleans your body of alcohol and caffeine.



3 The muscles in your legs are very strong.



4 You use 17 muscles in your face when you smile.



5 In an average lifetime, your heart beats 2.5 billion times.



6 There are about 5 litres of blood in an adult body.

