

## LISTENING QUIZ

Why is Emotional Intelligence Important for Teens?



NAME: \_\_\_\_\_

### 1. Match A-F with column 1-7 correctly.

- |  |   |
|--|---|
| a) This passage is a                                   | 1) self-aware, able to understand the actions and feelings of others      |
| b) Emotional intelligence is defined for the writer as | 2) Divya Parekh   |
| c) A person with strong emotional intelligence is      | 3) building stronger relationships conflict resolution, working in teams. |
| d) Writer's name of this passage                       | 4) anxiety and depression and improve physical health                     |
| e) Developing emotional intelligence is important for  | 5) blog/argument  |
| f) Lowering stress can reduce                          | 6) an important set of skills   |
| g) Teens who develop this skill can                    | 7) EQ   |
| h) Abbreviation Emotional intelligence                 | 8) stress management  |