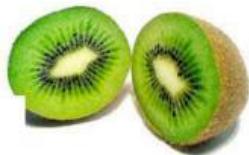# Why should we eat...?

chicken

kiwis

As far as I know
... contains
... is/are goog for..
... prevent

hibiscus tea

nuts

bananas

avocado

Complete the ideas, use the questions prepared in class

1. Do you _____ too much_____?

2. Do you _____ too many _____?

3. Are you too _____ ?

4. Do you _____ enough?

5. Do you _____ enough _____?