TA7. Unit 5. Food and drink – Reading 2

Exercise 1

Food Culture Around the World

Food plays a significant role in defining cultures around the world. In Vietnam, **beef noodle soup** is a famous dish that is made by stewing beef bones to create a flavorful **broth**, often served with fresh herbs and slices of lime. Another popular dish is **spring rolls**, which are typically filled with shrimp, vegetables, and sometimes **fried tofu**. In Western cuisine, desserts like **apple pie** or breakfast foods such as **pancakes** are common. Meanwhile, in Japan, people enjoy **eel soup**, which is often prepared with a sweet soy-based sauce. Cooking in many cultures involves using ingredients like **onions**, **pepper**, and **butter**, and meals are often paired with drinks like **green tea** or **orange juice**.

Questions:

1. What is the main ingredient for making the broth in beef noodle soup?
2. What is typically included in Vietnamese spring rolls?
3. Which dessert is mentioned as part of Western cuisine?
4. What is a common breakfast food in Western cuisine?
5. How is eel soup prepared in Japan?
6. Name two ingredients often used in cooking mentioned in the passage.
7. What drink is commonly paired with meals in Japan?
8. Which type of juice is mentioned in the passage?
9. What is the main protein used in beef noodle soup?
10. What gives the broth of beef noodle soup its flavor?

Exercise 2:

A Day in the Kitchen

Maria loves cooking, and her kitchen is always filled with delicious smells. Today, she is preparing a new recipe for **roast chicken**. She marinated the chicken with **pepper**, garlic, and olive oil, then placed it in a big **pot** to cook. While the chicken was roasting, Maria made a side dish of **sticky rice** and steamed vegetables. She also prepared an **omelette** for breakfast, adding cheese and **onions** for extra flavor. For dessert, she baked a batch of **biscuits** and served them with **lemonade**. Maria enjoys experimenting with different ingredients and always keeps her **fridge** stocked with essentials like **butter** and **mineral water**.

Questions:

1. What dish is Maria preparing for dinner?
2. Which ingredient did Maria use to marinate the chicken?
3. What cooking tool did Maria use to roast the chicken?
4. What was the side dish that Maria made?
5. What two ingredients did Maria add to her omelette?
6. What did Maria bake for dessert?
7. Which drink did Maria serve with her biscuits?
8. Name two items Maria keeps in her fridge.
9. What does Maria enjoy about cooking?
10. What meal did Maria prepare first today?

Exercise 3:

Traditional Foods and Drinks

Every country has its own **traditional food**, reflecting its history and culture. In Thailand, dishes often feature bold flavors with ingredients like **fish sauce** and fresh herbs. One popular Thai dish is a spicy shrimp soup, known for its rich taste. In Italy, pizza topped with **cheese** and tomatoes is a global favorite, while in Vietnam, **sticky rice** and **fried tofu** are commonly enjoyed during festivals. Drinks also vary by culture. In China, **green tea** is a staple, while in tropical countries, beverages like **winter melon juice** or **lemonade** are refreshing choices. Food preparation methods also differ; for instance, in many Asian countries, ingredients are cut into thin **slices** and served with rice.

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Questions:

1. What is a common ingredient in Thai dishes?
2. What is the name of the spicy soup mentioned in the passage?
3. Which two toppings are commonly used on Italian pizza?
4. During which events is sticky rice popular in Vietnam?
5. What drink is a staple in China?
6. Which drink is commonly enjoyed in tropical countries?
7. What is a popular Vietnamese dish mentioned in the passage?
8. How are ingredients typically prepared in many Asian countries?
9. Which ingredient gives Thai dishes their bold flavor?
10. What is the role of traditional foods according to the passage?

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