

TA7. Unit 5. Food and drink – Reading 1

Reading Exercise 1:

Vietnamese cuisine is famous for its diversity and unique flavors. One of the most iconic dishes is **beef noodle soup**, known as "pho bo," which includes rice noodles, tender beef slices, and flavorful **broth**. Another popular dish is **spring rolls**, typically filled with vegetables and sometimes **shrimp**. On special occasions, families often prepare **sticky rice** or enjoy crispy **fried tofu**. For dessert, some might have **apple pie**, but in Vietnam, fresh fruits are more common. When it comes to drinks, **green tea** is a favorite, especially after meals, while **mineral water** and **orange juice** are widely available in restaurants.

Questions:

1. Pho bo is a Vietnamese dish that includes noodles and beef.
2. Spring rolls are filled only with vegetables.
3. Sticky rice is often eaten on special occasions.
4. Fried tofu is a dessert in Vietnamese cuisine.
5. Apple pie is a traditional Vietnamese dessert.
6. Fresh fruits are commonly eaten as dessert in Vietnam.
7. Green tea is commonly consumed before meals in Vietnam.
8. Mineral water and orange juice are popular drinks in Vietnam.
9. Beef noodle soup is made without broth.
10. Spring rolls never include shrimp.

Reading Exercise 2:

In a small Vietnamese town, a local restaurant serves some of the most delicious dishes in the region. Their signature meal is **roast chicken**, seasoned with herbs and served with steamed rice. They also offer **eel soup**, which is a unique **traditional food** often enjoyed by the locals. Another popular choice is **seafood** stir-fried with **onion** and **pepper**. For breakfast, the chef recommends an **omelette** paired with a side of crispy **pancakes**. If you prefer snacks, the restaurant serves freshly baked **biscuits**. To accompany your meal, you can choose between **winter melon juice**, **lemonade**, or hot **green tea**.

Questions:

1. What is the restaurant's signature dish?
 - a) Pancakes
 - b) Roast chicken
 - c) Eel soup
2. What is eel soup considered?
 - a) A modern dish
 - b) A traditional food
 - c) A snack
3. Which ingredient is used in the seafood stir-fry?
 - a) Tomato
 - b) Onion
 - c) Butter
4. What is served as a side dish with the omelette?
 - a) Pancakes
 - b) Biscuits
 - c) Sticky rice
5. What type of snack does the restaurant serve?
 - a) Spring rolls
 - b) Biscuits
 - c) Hot dogs
6. Which drink is not mentioned?
 - a) Winter melon juice
 - b) Green tea
 - c) Orange juice
7. What type of seasoning is used in the roast chicken?
 - a) Herbs
 - b) Cheese
 - c) Fish sauce

8. What makes the seafood stir-fry flavorful?
 - a) Butter and sugar
 - b) Onion and pepper
 - c) Broth
9. What time of day is omelette usually served?
 - a) Breakfast
 - b) Lunch
 - c) Dinner
10. What is a traditional drink mentioned in the passage?
 - a) Mineral water
 - b) Green tea
 - c) Lemonade

Reading Exercise 3:

Every region in the world has its specialties, and food is a big part of cultural identity. For instance, **traditional food** in Vietnam includes dishes like **beef noodle soup**, **spring rolls**, and **sticky rice**. These dishes often incorporate flavorful ingredients such as **fish sauce**, **onion**, and **pepper**. Another staple in Asian cooking is **seafood**, which is grilled, fried, or used in soups. Meanwhile, Western desserts like **apple pie** and snacks such as **hot dogs** have gained popularity globally. On the drinks menu, refreshing options like **lemonade** or the lesser-known **winter melon juice** are enjoyed alongside meals.

Questions:

1. What is one example of traditional food in Vietnam?
2. Which ingredient is often used to enhance the flavor of Vietnamese dishes?
3. Name one Vietnamese dish that includes sticky rice.
4. How is seafood commonly prepared in Asian cooking?
5. Which Western dessert is mentioned in the passage?
6. What snack, popular worldwide, is included in the text?
7. What drink is considered less well-known but is mentioned as refreshing?
8. Name two common Vietnamese dishes made with fish sauce.
9. Which ingredient is used in both traditional and modern dishes for its spicy flavor?
10. Which cuisine influences the popularity of hot dogs and apple pie?