

## CHOOSE THE BEST ANSWER A, B, C, OR D TO COMPLETE THE SENTENCE



1. Please wake me \_\_\_\_\_ at 5 and we will leave at 6 in the morning.  
a. up      b. on      c. over      d. in
2. If you want to \_\_\_\_\_ weight, you should follow a low-fat diet.  
a. lose      b. gain      c. put on      d. take
3. Junk foods are high in fat, sodium and sugar, which can lead to \_\_\_\_\_.  
a. fever      b. allergy      c. obesity      d. stomachache
4. He looks so \_\_\_\_\_. He can't keep his eyes open!  
a. happy      b. tired      c. healthy      d. fit
5. If you want to stay healthy, eat \_\_\_\_\_ vegetables, whole grains, fruit and fish.  
a. much      b. fewer      c. more      d. less
6. Fruit tastes good \_\_\_\_\_ it's healthy for your body.  
a. so      b. but      c. or      d. and
7. You are \_\_\_\_\_ you eat, so don't eat unhealthy foods.  
a. what      b. who      c. which      d. that
8. She looks very tired. She should work \_\_\_\_\_ or she will get sick.  
a. well      b. less      c. more      d. enough
9. She stays in \_\_\_\_\_ by exercising daily and eating well.  
a. health      b. fit      c. size      d. shape
10. Don't sit too close to the screen, \_\_\_\_\_.  
a. and you'll hurt your eyes      b. so you can see more clearly  
c. or you'll get a headache      d. but it's bad for your health