

**Listen to a radio interview with a social historian discussing beliefs about appearance and the body. Underline the correct answer.**

1 Elina says that our obsession with appearance...

**is due to social media / was less important in the past / can be seen throughout history.**

2 According to Elina, people used to think people with red hair...

**were physically strong / lost their temper easily / were dishonest.**

3 The host admits that **his brother-in-law / his grandfather / he** has some gray hairs.

4 If your left cheek is hot in Russia, you... **have been caught misbehaving**

**/ a loved one is thinking of you / someone who dislikes you is talking about you.**

5 Elina says Russian people used to think that whistling **made evil spirits angry / caused bad luck / suggested you couldn't be trusted.**

**Complete the sentences with one word.**

1 Alex shrugged his \_\_\_\_\_ and said he had no idea where the path went.

2 Wearing a hat always messes my hair up! I need to \_\_\_\_\_ it!

3 Did you use to suck your \_\_\_\_\_ when you were little?

4 I knew you'd disagree because you raised your \_\_\_\_\_ when I suggested it.

5 Can you give me a tissue? I need to \_\_\_\_\_ my nose.

6 You don't look old! Your face hardly has any \_\_\_\_\_ on it!

7 It's very rude to \_\_\_\_\_ your finger at someone.

8 My legs are sore after that long flight. I need to \_\_\_\_\_ them!

9 There's a cold wind today. Put this scarf around your \_\_\_\_\_.

10 The mosquito bite on Isabella's arm is sore because she \_\_\_\_\_ it.

11 A lot of people often \_\_\_\_\_ when they are sitting in their offices.

**Complete the sentences with the correct word(s).**

1 This music \_\_\_\_\_ a band I've heard before. Who is it?

**feels like**

**sounds like**

**sounds**

2 It's so empty here today. It feels \_\_\_\_\_ we have the café to ourselves!

3 Gabriele looks more like his mother than his father.

4 Ben told me you like going to the cinema. Which movie do you want to see?

## sound                    feel                    look

5 Leah \_\_\_\_\_ a bit tense this evening. Do you think she's OK?

**seems as if**      **seems**      **seems like**

6 I don't know what type of cheese this is but it tastes like \_\_\_\_\_!

8 Mmm, that \_\_\_\_\_ really good! Are you baking a cake?

9 You should go to bed. You \_\_\_\_ really sick.

**Choose A, B, or C to complete the sentences.**

1 The local jeweller's shop \_\_\_\_\_ twice this year.

A has been robbed  B is robbed  C has robbed

2 A peaceful protest \_\_\_\_\_ when the police broke it up with tear gas.

A was being held  B is being held  C was held

3 This office block \_\_\_\_\_ into apartments.

A is turning  B is going to turn  C is going to be turned

4 Vinegar is good for cleaning windows.

A is said to be  B says it is  C is saying to be

5 I don't think criminals should \_\_\_\_\_ shorter sentences for pleading guilty.

A be given  B give  C be giving

6 It \_\_\_\_\_ that the robbers are now hiding in Venezuela.

A is believing  B is believed  C believes

7 £2m worth of jewellery \_\_\_\_\_ from a city jewellers last night.  
A is being stolen  B was stolen  C has been stolen

8 The thieves are thought \_\_\_\_\_ paintings worth several million dollars.  
A to have taken  B to take  C that they have taken

9 They won't allow the film \_\_\_\_\_ by anyone until its official release date.  
A be seen  B being seen  C to be seen

**Select A, B, or C to complete the sentences.**

10 The judge \_\_\_\_\_ each member of the gang to six years in prison.  
A sentenced  B committed  C punished

11 Both of the men were \_\_\_\_\_ and walked out of the court free.  
A investigated  B arrested  C acquitted

12 Nobody has been arrested for the crime, but the police are \_\_\_\_\_ four boys.  
A charging  B acquitting  C questioning

13 \_\_\_\_\_ take people by force and often ask for money to release them.  
A Smugglers  B Kidnappers  C Burglars

14 \_\_\_\_\_ attack people on the street and steal their money.  
A Terrorists  B Vandals  C Muggers

15 The \_\_\_\_\_ couldn't agree so it was weeks until they finally reached a decision.  
A jury  B judge  C verdict

16 \_\_\_\_\_ follow people everywhere and try to make contact with them.  
A Blackmailers  B Fraudsters  C Stalkers

17 A 26-year-old man has been \_\_\_\_\_ with drug dealing.  
A questioned  B arrested  C charged

18 \_\_\_\_\_ smashed windows downtown last night.  
A Vandals  B Witnesses  C Murderers

19 \_\_\_\_\_ threaten to release information that someone wants to keep secret.  
A Hijackers  B Terrorists  C Blackmailers

20. A man was arrested for \_\_\_\_\_.

A vandalize

B vandalism

C vandal

**Read the text intently. Are the sentences true (T) or false (F)?**

a) The writer was twenty-six when he first started doing sponsored challenges.	T	/	F
b) His brother-in-law came up with the idea of raising money.	T	/	F
c) Before he started the training, the writer wasn't in shape.	T	/	F
d) They started the challenge in the hills around San Francisco Bay.	T	/	F
e) The writer's next challenge is cycling across Australia.	T	/	F

I've been doing sponsored challenges for around seven years now. It all started when I heard that a friend of mine from school had been diagnosed with cancer. I just couldn't believe it! How could a healthy twenty-six-year-old suddenly face death? I guess Liam wasn't just a school friend. Although he was a year older than me, he was my best friend for the six years we studied together, and I felt that I should do something to help him. One evening I was sitting with my sister and her husband, and we were talking about Liam. Suddenly, my brother-in-law looked at me and said, "Why don't we raise some money for him?" We spent the next two hours discussing what we could do and that's when we came up with the idea of doing the "Escape from Alcatraz" triathlon (swimming, cycling, and running) in San Francisco, California. Of course, there were some major obstacles to this, the first being that I wasn't in great shape. But after six weeks training in the gym, I was ready for what would be the toughest challenge of my life. We started by swimming 2.4 km in the icy cold San Francisco Bay waters from Alcatraz Island to shore. Then we cycled for nearly 29 km before finally running in the hills around San Francisco Bay. We managed to raise more than \$50,000, so we were really pleased. When we got back home we began to plan our next challenge, cycling across Australia. Since then, we've done five challenges together and raised almost \$1 million.