

## Aisha

I want my children to eat healthy food but they like fast food. So, I help them choose healthy snacks such as crackers and light cheese, nuts and fruits. I let them have fast food once a month only. I encourage them to eat fruits and vegetables.

### What do Aisha's children like to eat?

- They like to eat fast food.
- They like to eat healthy food.



### What does Aisha think is a healthy snack?

- Crackers, nuts and cheese burger.
- Crackers, cheese and fruits.

### How many time do Aisha children eat fast food a month?

- One time a month.
- Two times a month.