COMPLETE THE CONVERSATION, USING THE PHRASES OR SENTENCES IN THE BOX.

what are the best foods to eat?
can I drink it sometimes?
it's bad for your teeth and health.
what should I avoid?
how to stay healthy?
what else is important?

Tom: Can you give me some suggestions on (1) _____

Doctor: Well, first of all, you need to make sure that you eat the right foods.

Tom: (2)_____

Doctor: You should eat fresh fruits, vegetables, and whole grains.

Tom: (3)_____

Doctor: You need to avoid highly fatty and greasy foods.

Tom: (4)_____

Doctor: You need to get plenty of exercise every day.

Tom: How about soda? (5)_____

Doctor: It's okay to drink soda once in a while, but never overdo it. (6) _____







LIVEWORKSHEETS