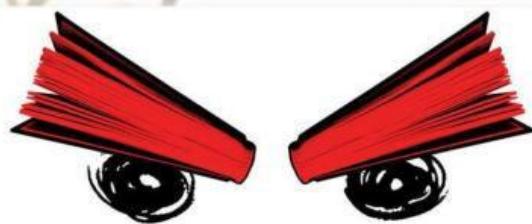


Why You Should Read Books You Hate



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https://www.nytimes.com/2017/04/15/opinion/sunday/the-joy-of-hate-reading.html?_r=1

In the era of total “busyness” and lack of time, reading has become a luxury not many can afford. Why, then, bother reading books that are bound to 1) _____ your sense of beauty? Here are just five reasons for that:

1. **It will help you** 2) _____ **what it is you value**, whether it's a style, a story line or an argument. Rather than toss the book aside, turn to the next page and wrestle with its ideas. What about them makes you so uncomfortable?
2. **It will make you a better reader.** Only by 3) _____ through books that you hate, books that provoke feelings of outrage and indignation, you will truly learn how to read. Defensiveness makes you a better, closer, more sceptical reader: a critic.
3. As debaters know, sometimes **you figure out your position** only in opposition. This is what's so 4) _____ about hate-reading. To actively 5) _____ with your assumptions and defend your conclusions gives you a sense of purpose. You come to know where you stand, even if that means standing apart.
4. **It will help you exercise feelings of negativity in relatively harmless ways.** It's true that “there's a thin line between love and hate” and this adage can be applied to a lot of art, including books. We read books for lots of reasons, but surely one of them is to experience emotions. A book we hate is not a book that is boring. Emotions: they're being stirred. Maybe not the preferred ones. But when you're 6) _____ to someone about a book that you hate, don't you feel a little more alive? A little cleansing fire is good for the soul, isn't it?
5. **Hate reading can actually bring readers together.** Sure, it's nice when people like the books you like. But an even more stimulating excitement comes from finding someone else who hates the same book as much as you do. Some of the most spirited discussions might happen over just how 7) _____ or disheartening you find the book you've both read.