



5 Language study: Using modifiers before adjectives

CB Section A8

Underline or circle the correct modifier in these sentences.

- a It was a *fairly* / *very* windy day, so there was a bit of wind but not too much.
- b His new bike cost thousands of dollars, so it was *quite* / *extremely* expensive.
- c We left our phones and money in *very* strong lockers, so they were a *little* / *quite* safe.
- d The path was only *slightly* / *really* uphill, so it wasn't a very difficult walk.

B Outdoor activities

1 Text completion

CB Section B2

This report, about the advantages and disadvantages of swimming, appeared on a holiday website for teenagers. Fill in the gaps by reading for meaning and choosing from the vocabulary. There is one extra word in the box.

life-saving sensitive risky supervised shallow warnings
sea emergency costume flexibility trunks exercise strain

Next to football and cycling, swimming is one of the most popular activities.

It develops stamina, (a) _____ and strength. It's good for people at all

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