

## WHILE LISTENING

3 5.5 Listen to the four presentations. What is each one describing?

a bike tour   acupuncture   a soccer club   meditation

Presentation 1: \_\_\_\_\_

Presentation 2: \_\_\_\_\_

Presentation 3: \_\_\_\_\_

Presentation 4: \_\_\_\_\_

4 5.5 Listen again. What are the benefits of each program? Take notes.

### Benefits of the health programs

Program 1

Program 2

Program 3

Program 4

LISTENING FOR  
MAIN IDEAS

TAKING NOTES  
ON DETAILS

