

**12** uses an oval ball



6 two indoor sports: .....

4 Write sentences with the prompts.

1 I / enjoy racket sports / squash

.....I enjoy racket sports like squash. ....

2 Jack / do / athletics / free time

.....

3 My dad / be / boxing champion / when / young

.....

4 We / always / wear / helmet / guards / cycling

.....

5 My sister / be into / team sports / ice hockey

.....

5 Read the definitions and write the sports using the words in the box.

exercise   fit   match   train   trainers   ~~work out~~

1 solve a problem .....work out..... (verb)

2 a type of transport ..... (noun)

3 be the right size ..... (verb)

4 sports shoes ..... (noun)

5 physical activity ..... (noun)

6 be the same ..... (verb)

6 Choose the correct words. Then decide if they are **nouns (N)** or **verbs (V)**.

Last weekend, my team took part in an ice hockey competition. Our (1) coach / train (...n...) trained us all month long for the (2) exercise / match (.....). As well as doing regular (3) trainer / exercise (.....), we were (4) training / coaching (.....) three times a week before the event. Our coach is a great (5) trainers / trainer (.....), and he really makes us (6) work out / match (.....) to the maximum. We travelled to the competition by (7) points / coach (.....). The driver couldn't (8) fit / work out (.....) how to get to the sports centre at first and we got a bit lost, but eventually we found the place. We played really well, and we won our match by twenty (9) points / exercise (.....). I think it was my lucky (10) train / trainers (.....) that made me play well!