

Name

HOW

TO

WASH
YOUR
HANDS

Match the words
with the definitions.

to wet

one of the places on your hand where your fingers bend

to apply

the inside part of your hand (not the fingers)

to rub

to put water (or another liquid) on something

a palm

the thin, hard thing at the end of your fingers

a knuckle

to put on or spread something, for example soap or cream

a thumb

to touch two things together, moving in circles or up and down

a nail

to take dirt or soap off with water

to rinse

the short, thick finger on the side of your hand

WHAT'S THE ORDER?



**Watch the video
and put the sentences in order**



	Apply some soap.
	Rub the inside and back of your fingers.
	Wet your hands.
	Rub your knuckles.
	Rub your thumbs.
	Rinse your hands.
	Rub your nails.
	Rub your palms.