

# Food Phrasal Verbs

## Activity Sheet (page 1/2)

### A. Match the beginnings of the sentences with the correct endings.

- |                                                      |                                                   |
|------------------------------------------------------|---------------------------------------------------|
| 1. When I don't feel like cooking, I usually .....   | a. to <b>cool down</b> .                          |
| 2. We've got plenty of time. There's no need .....   | b. to <b>cut down</b> on coffee.                  |
| 3. We had to throw the meat away because .....       | c. <b>nibble away at</b> slices of apple.         |
| 4. When Sam became a vegan, he .....                 | d. to <b>gobble up</b> your food.                 |
| 5. I haven't been sleeping well so I'm going .....   | e. we <b>eat out</b> most nights.                 |
| 6. When I was young, my mum used to .....            | f. to <b>whip up</b> an omelette no time.         |
| 7. I found some eggs in the fridge and managed ..... | g. <b>cut out</b> animal products from his diet.  |
| 8. My pet hamster likes to .....                     | h. <b>heat up</b> a can of soup in the microwave. |
| 9. Our kitchen hardly ever gets used, as .....       | i. it was starting to <b>go off</b> .             |
| 10. The tea was too hot, so I waited for it .....    | j. <b>chop up</b> my meat into small pieces.      |

### B. Complete the Food Phrasal Verbs in each sentence with the particles below.

at   down (2)   out (2)   off   up (4)

1. At lunchtime I heated ..... some cold pasta, then whipped ..... a salad to go with it.
2. I fanned my son's beef to cool it ....., then chopped it ..... into small pieces.
3. The doctor told me to cut ..... sugar completely from my diet and cut ..... on red meat.
4. Whenever we eat ....., I like to nibble away ..... olives and bread before our food arrives.
5. Sam gobbled ..... the old ham so quickly that he didn't realise it had gone .....

### C. Write the Food Phrasal Verbs seen in bold in Exercise A next to the number matching their definition below.

- |         |         |         |         |          |
|---------|---------|---------|---------|----------|
| 1. .... | 2. .... | 3. .... | 4. .... | 5. ....  |
| 6. .... | 7. .... | 8. .... | 9. .... | 10. .... |

- |                                          |                                    |
|------------------------------------------|------------------------------------|
| 1. Eat something slowly with small bites | 6. Eat something quickly           |
| 2. Prepare quickly                       | 7. Go to a restaurant              |
| 3. Omit something from one's diet        | 8. Cut into small pieces           |
| 4. Make something hotter                 | 9. Reduce consumption of something |
| 5. Turn bad                              | 10. Become colder                  |

**D. Complete the sentences using one of the Food Phrasal Verbs from the previous page and one of the words below. Remember to change tenses if necessary.**

eggs   terrible   tongue   expensive   dairy   go   coffee   rabbit   child   microwave

1. I knew the milk had ..... because it smelt .....
2. Wait for your soup to .....! You'll burn your ..... if you don't!
3. I'm allergic to ..... products, so I've ..... cheese and milk from my diet.
4. I had little time to make lunch, so I quickly ..... some scrambled .....
5. We rarely ..... these days. Restaurants are so .....!
6. The doctor advised me to ..... on ....., so now I just have one cup a day.
7. I use my ..... to ..... cold pasta and other leftovers.
8. The furry ..... was sitting in the middle of the garden ..... a carrot.
9. The boys ..... their meal quickly, so they could ..... outside and play.
10. Mum still ..... my meat for me like she did when I was a small .....

**E. Create questions using one of the Food Phrasal Verbs in the correct form.**

Student A

1. Do you usually drink your coffee immediately, or do you wait for it to .....
2. What type of meals do you ..... if you're in a hurry? How do you prepare them?
3. Do you usually ..... leftovers before eating them, or do you eat them cold?
4. What food would you find most difficult to ..... of your diet if you became a vegan?
5. Do you usually ..... your food quickly, or are you a slow eater?

Student B

1. What sort of foods do you ..... if you're hungry between meals?
2. Is there any food you eat too much of? If so, have you ever tried to ..... on it?
3. Have you ever eaten food which had .....? If so, what did it taste like?
4. How often do you .....? What types of restaurants do you like going to?
5. Do you usually ..... apples, or do you prefer eating them whole?

**Take turns asking the questions to a partner, one of you asking the Student A questions and the other asking the Student B questions.**