Exercise 1: Skimming for General Understanding

Instructions: Read the passage quickly. After reading, choose the correct answer based on the general idea of the text.

Passage: The increasing use of technology in our daily lives has changed how we communicate, work, and relax. While some argue that technology has made life more efficient, others claim it has led to a decline in meaningful human interaction. Many studies suggest that excessive use of devices like smartphones may be damaging our ability to concentrate. However, technology also provides numerous benefits, such as the ability to connect with people worldwide and access information quickly.

Questions:

1. What is the main topic of the passage?
   - a) The benefits of smartphones
   - b) The impact of technology on our lives
   - c) How to use technology more effectively
   - d) The history of technology
2. What is one negative effect of technology mentioned in the passage?
   - a) It helps people communicate globally
   - b) It has made work more efficient
   - c) It reduces our ability to concentrate
   - d) It allows quick access to information
3. What is one positive aspect of technology?
   - a) It encourages meaningful interaction
   - b) It damages our concentration
   - c) It provides global connections
   - d) It replaces human interaction

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