

# Adverbs of Frequency

Choose the most appropriate option for the following statements.

1. I'm never late for my job. I'm \_\_\_\_\_ on time  
a) often    b) usually    c) always
2. My cousin goes to the movies only once a year. He \_\_\_\_\_ goes to the movies.  
a) almost never    b) never    c) sometimes
3. I \_\_\_\_\_ drink water because I know it's healthy.  
a) Never    b) Almost never    c) Always
4. \_\_\_\_\_ I go to the gym, maybe two or three days a week.  
a) Always    B) Never    C) Sometimes
5. I \_\_\_\_\_ watch music shows, I don't like them. I prefer watching movies.  
a) never    b) always    c) usually
6. My sister \_\_\_\_\_ goes to bed early because she gets up to work very early too.  
a) never    b) always    c) sometimes
7. I went to a restaurant last week, but I \_\_\_ eat at home.  
a) never    b) always    c) sometimes
8. She\_\_\_\_\_ makes mistakes, only when she is in a hurry.  
a) never    b) always    c) sometimes
9. It \_\_\_\_ snows here in winter, maybe only in December.  
a) always    b) never    c) rarely
10. I \_\_\_\_\_ study hard, so I usually get high grades.  
a) rarely    b) never    c) always