Reading

Why Not All Conflicts Are Bad

Carefully read the text and match the gaps (1-6) with the correct sentence parts (a-h). There are two extra variants you don't need to use.

Have you ever had an argument (1) _____? While disagreements can feel uncomfortable, they're not always negative. In fact, differences can teach us valuable lessons, strengthen our relationships, and help us grow.

First, conflicts can help us understand others better. For example, if you disagree with a friend about weekend plans, talking it through might lead to a compromise that makes you both happy. (2) _____, we might discover something new about someone or even ourselves. This deeper understanding can strengthen bonds and build trust.

Second, arguments help us develop problem-solving skills. Imagine you and a classmate have different ideas about how to complete a project. Instead of avoiding the issue, you work together to find a solution (3) _____. This experience teaches you how to stay calm, communicate clearly, and respect each other's views— skills (4) _____.

Finally, conflicts can lead to positive changes. Sometimes, a disagreement with family can highlight the need for new boundaries or routines. For instance, (5) _____, this might inspire a fairer way of sharing tasks. Small adjustments like these can make relationships healthier and create a happier home environment.

So, don't be afraid of disagreements! They can be helpful for personal growth, better communication, and stronger connections. (6) _____, think about what you might learn from it—you could end up with a ton of insights.

A *if you and a sibling argue over chores;*

B *by listening to the other side;*

C *which felt like a lifetime;*

D *that are helpful in many situations;*

E *next time a conflict arises;*

F *that brought you closer to someone;*

G *when always disagreeing with others;*

H *that works for both of you.*

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