

Brain games

According to experts, doing puzzles keeps our brains fit and (1) (**HEALTH**). As well as gaining (2)..... (**SATISFY**) from finding the correct answer to a difficult problem, we give our brains a good workout in the process. To help us do this, all sorts of handheld 'brain games' are now available in the shops, and the most (3)..... (**SUCCESS**) games have sold in their millions.

What's more, people (4)..... (**COVER**) that the more they play the games, the easier it is to find a (5)..... (**SOLVE**) to the problems posed. They see this as proof that there has been an (6) (**IMPROVE**) in the power of their brains. Unfortunately, however, this may be a false impression.

Some (7)..... (**SCIENCE**) argue that the brain gets better at any task the more often it is repeated. In other words, the improvement in the (8)..... (**PERFORM**) of the brain is something that happens naturally.

So although these brain games are obviously fun to play, it remains (9)..... (**CERTAIN**) whether they are actually helping to boost brainpower or not.