A LONG AND HEALTHY LIFE

MATCHING

Can You Match These Words to Their Definitions?

1. examine	a.getting sick from eating bad or unsafe food.
2. bacteria	b. eating different kinds of food to stay healthy.
3. fitness	c. to use less of something, like food or drink.
4. organism	d. any living thing, like plants, animals, or bacteria.
5. recipe	e. the average time a person is expected to live.
6. ingredient	f. when germs enter the body and cause sickness.
7. food poisoning	g. care given to help someone get better from an illness.
8. suffer	h. to do exercises to improve strength and health.
9. work out	i. a substance in food that helps the body grow and work well.
10. cut down on	j. a part of a recipe used to make food.
11. life expectancy	k. a medicine that helps kill germs in the body.
12. infection	l.tissue in the body that helps you move and stay strong.
13. diameter	m. to look at something closely to learn more about it.
14. treatment	n.tiny living things that can be good or bad for health.
15. nutrient	o.to put a soft substance over a surface, like butter on bread.
16. disease	p.an illness that affects how the body works.
17. balanced diet	q. the distance across a circle through its center.
18. spread	r. a set of instructions to make a dish or meal.
19. muscle	s.being strong and healthy from exercise and good habits.
20. antibiotic	t.to feel pain or discomfort from something bad.

LIVEWORKSHEETS